

FAKTOR RISIKO PADA PERNIKAHAN TAHAP FAMILY WITH YOUNG CHILDREN

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Abstract

Marriage as a life span had several stages. Carr (2000) explained that marital satisfaction at the stage *Family with young children* was at the lowest level. This study were designed to identify factors that influenced marital satisfaction by using 183 couples (husbands and wives). It found that there were seven risks factors for marriage at the family with young children stage. The seven risks factors were;(1) economic conditions and management,(2) principles in parenting,(3) adjustment to parent roles,(4) paradigm of children in modern lives (5) couples' adjustment after having children,(6) effective communication,(7) conflict management competencies. Past experiences and external factors not directly influenced marriage. For couples at this marriage stage were suggested to improve the communication and conflict management skills. For pre marital couples were suggested to prepare the economics condition, discuss the parenting styles they want to be, improve communication and conflict management skilss.

Keywords : Risks factors in marriage, family with young children

PENDAHULUAN

Pernikahan menjadi topik bahasan yang penting dalam psikologi, karena di dalamnya meliputi banyak hal yang saling terkait sehingga menjadikannya kompleks. Pernikahan menciptakan keluarga, dan keluarga merupakan suatu sistem sosial yang unik karena proses terbentuknya bermula dari

kelahiran sampai dengan kematian. Dewasa ini. Problem seputar pernikahan menjadi semakin banyak dan kompleks. Salah satu indikatornya adalah meningkatnya angka perceraian. Tabel berikut memberikan gambaran mengenai peningkatan tersebut dan penyebabnya.

Tabel 1
Data jumlah perceraian berdasarkan faktor penyebab pada tahun 2004-2008 di Kantor Pengadilan Agama Surabaya

KETERANGAN	2004	2005	2006	2007	2008
Tidak ada keharmonisan	368	558	814	1243	1349
Tidak ada tanggungjawab	307	287	366	552	462
Gangguan pihak ketiga	306	347	269	329	441
Ekonomi	359	349	302	91	274
Krisis akhlak	185	204	155	-	37
Cemburu	242	332	102	17	142
Kawin Paksa	67	65	18	-	8
Penganiayaan	89	18	12	9	-
Poligami tidak sehat	-	-	4	8	1
Cacat Biologis	-	-	2	9	-
Krisis Moral	-	-	-	-	40

Sumber: Diolah dari data pengadilan Agama Surabaya, 2004 – 2008