

**EFEKTIVITAS KOMBINASI KAPSUL ASAM URAT “ K “ DAN *Virgin Coconut Oil* (VCO) TERHADAP PENDERITA HIPERURISEMIA**

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**ABSTRAK**

Pada penelitian ini melihat efektivitas kombinasi Kapsul Asam Urat “ K “ dan *Virgin Coconut Oil* (VCO) sebagai obat antihiperurisemia pada manusia. Subjek penelitiannya adalah penderita hiperurisemia baik pria maupun wanita dengan kadar asam urat dalam darah  $> 7,0$  mg/dl untuk pria dan  $> 5,7$  mg/dl untuk wanita. Pasien uji diberi obat tradisional (obat herbal) Kapsul Asam Urat “ K “ sehari tiga kali satu kapsul dengan dosis 500 mg per kapsul dan VCO sehari tiga kali dua sendok makan serta diatur pola makannya. Masing – masing diberi terapi selama 2 minggu. Hasil yang diperoleh menunjukkan bahwa kombinasi Kapsul Asam Urat “ K “ dan *Virgin Coconut Oil* (VCO) mempunyai efek menurunkan kadar asam urat pada penderita hiperurisemia.

**Kata Kunci** : Kapsul Asam Urat “ K “, *Virgin Coconut Oil* (VCO), hiperurisemia.



**THE PHARMACOLOGY EFFECT OF CAPSULE URIC ACID “ K “  
WITH *Virgin Coconut Oil* (VCO) AS ANTIHIPERURISEMIA**

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**ABSTRACT**

This research is about to test the combine effect of Capsule Uric Acid “ K “ and *Virgin Coconut Oil* (VCO) as antihiperuriseemia in human. Subject in this research are the man and women who suffer from hiperuriseemia with content uric acid more than 7mg/dl for men and more than 5,7mg/dl for women. The experiment’s group treatment had been given Capsule Uric Acid “ K “ 1 capsuls three times daily with dose 500mg/caps and VCO 2 C three times daily and arranging their eating pattern, while the control grouponly by arranging their eating pattern. Each group was given treatement during two weeks. The result of research indicate that combine of Capsule Uric Acid “ K “ and VCO can decline uric acid rate for patient with hiperuricemia.

Keywords: Capsule Uric Acid “ K “, *Virgin Coconut Oil* (VCO), hiperuricemia.

