

4. Dokumentasi *home care* dibuat sesuai proses *pharmaceutical care* pada penatalaksanaan penyakit diabetes mellitus dapat dilihat pada Lampiran 2 dan 3.

Berdasarkan hasil penelitian yang dilakukan, maka peneliti mengusulkan saran-saran sebagai berikut :

1. Dalam penelitian mengenai penatalaksanaan suatu penyakit dengan intervensi farmasis berupa layanan kefarmasian/ *pharmaceutical care* yaitu layanan *home care*, akan memberikan hasil yang lebih maksimal jika dilakukan lebih dari 3 bulan, disarankan sebaiknya dilakukan selama 6 bulan. Hal ini terkait bahwa untuk tercapainya karakteristik *self-care/behavior* yang baik dalam penatalaksanaan suatu penyakit, dibutuhkan proses edukasi yang kontinu untuk penderita, dimana dalam waktu 3 bulan belum cukup untuk meningkatkan *knowledge* terutama bagi penderita dengan kemampuan pemahaman yang kurang.
2. Untuk penelitian berikutnya, disarankan menggunakan metode penelitian *cross over design* dengan menekankan pada model intervensi edukasi pada penatalaksanaan penyakit kronis.
3. Perlu dilakukan penelitian mengenai analisis *cost effectiveness* dalam penatalaksanaan penyakit diabetes dengan layanan residensial, sehingga dapat menjadi pertimbangan bagi Organisasi Profesi untuk membuat regulasi dalam pekerjaan kefarmasian dan *Stakeholder* di bidang asuransi kesehatan akan menimbang layanan residensial bagi penderita dengan penyakit kronis.

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