

file:///Volumes/DISK_IMG/index.html

Google

Apple Google Maps YouTube News (103) Popular

Home

Table of Contents

Welcome Message

Organizers & Committees

Keynotes

Keynote 1

Keynote 2

Keynote 3

Meet-The-Editors

Conference Program

4 Dec 2016

5 Dec 2016

6 Dec 2016

7 Dec 2016

Author Index

Technical Support

Article Search



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Google

Apple Google Maps YouTube News (103) Popular

Home

Table of Contents

Welcome Message

Organizers & Committees

Keynotes

Keynote 1

Keynote 2

Keynote 3

Meet-The-Editors

Conference Program

4 Dec 2016

5 Dec 2016

6 Dec 2016

7 Dec 2016

Author Index

Technical Support

Article Search

**Proceedings of the 2016 IEEE
International Conference on Industrial Engineering and Engineering Management**

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Contents

- Welcome Message
- Organizers and Committees
- Keynotes
 - Keynote 1 - The Sputnik of Servgoods: Autonomous Vehicles
 - Keynote 2 - Manufacturing and Engineering Networks in a Globalised and Data-rich World
 - Keynote 3 - Embracing the Future by Growing the Digital Ecosystem In Indonesia and Deliver Value to Customers
- Meet-The-Editors
- Conference Program
 - 4 Dec 2016 (Sun)
 - 5 Dec 2016 (Mon)
 - 6 Dec 2016 (Tue)
 - 7 Dec 2016 (Wed)
- Author Index
 - A - F
 - G - L
 - M - R
 - S - Z

file:///Volumes/DISK_IMG/index.html

Apple Google Maps YouTube News (103) Popular

Home

Table of Contents

Welcome Message

Organizers & Committees

Keynotes

Keynote 1

Keynote 2

Keynote 3

Meet-The-Editors

Conference Program

4 Dec 2016

5 Dec 2016

6 Dec 2016

7 Dec 2016

Author Index

Technical Support

Article Search

Welcome Message

"Selamat Datang"

We are delighted to extend a warm welcome to you at the 2016 IEEE International Conference on Industrial Engineering and Engineering Management (IEEM2016) to be held from 4th to 7th December 2016 in Bali, Indonesia.

This year, IEEM is jointly organized by IEEE Indonesia Section, IEEE TEMS Singapore Chapter and IEEE TEMS Hong Kong Chapter. The conference is also supported by Institute of Technology Bandung and Gadjah Mada University.

As a high standard conference, IEEM has always brought together the community's most innovative thinkers and dynamic researchers from around the world to share the latest best practices and information in industrial engineering and engineering management. To ensure an exceptional quality of papers, each paper is subjected to rigorous review process.

IEEM2016 received almost 500 submissions and each paper was sent to at least 3 reviewers. The acceptance decisions were then based on at least two consistent recommendations, ensuring the quality and standard of the conference. These papers, organized around 20 topics, will be presented in oral and poster sessions. We are also privileged to have with us three distinguished speakers to deliver the keynote presentations:

Professor James M. Tien, Member of US National Academy of Engineering and Former Dean of the College of Engineering, University of Miami, United States, will present on "The Sputnik of Servgoods: Autonomous Vehicles".

Professor Arnoud De Meyer, President, Singapore Management University, Singapore will discuss on "Manufacturing and Engineering Networks in a Globalised and Data-rich World".

Ibu Marina Kacaribu, Vice President, Enterprise Digital Services, Telkomsel, Indonesia will highlight on "Embracing the Future by Growing the Digital Ecosystem In Indonesia and Deliver Value to Customers".

We would like to thank all authors and participants for their interests, contributions and continued support to IEEM. Lastly, we are also grateful to the technical program committee members and reviewers for their help in the review process.

We hope you have a fruitful conference and a culturally engaging experience in Bali!

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file:///Volumes/DISK_IMG/index.html

Apple Google Maps YouTube News (103) Popular

Home

Table of Contents

Welcome Message

Organizers & Committees

Keynotes

Keynote 1

Keynote 2

Keynote 3

Meet-The-Editors

Conference Program

4 Dec 2016

5 Dec 2016

6 Dec 2016

7 Dec 2016

Author Index

Technical Support

Article Search

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file:///Volumes/DISK_IMG/index.html

Google

AppleGoogle MapsYouTubeNews (103)Popular

Home

Table of Contents

Welcome Message

Organizers & Committees

Keynotes

Keynote 1

Keynote 2

Keynote 3

Meet-The-Editors

Conference Program

4 Dec 2016

5 Dec 2016

6 Dec 2016


7 Dec 2016

Author Index


Technical Support

Article Search


HAO, Jia

 Study on Cross-Domain Knowledge Inspired Innovation Design


HAO, Songhua

 Design of Gamma Control Charts Based on the Narrowest Confidence Interval


HAO, Weiho

 Effect of Height on Sense of Power


HAOUARI, Mohamed


 Robust Resource Investment Problem with Time-Dependent Resource Cost and Tardiness Penalty


HARLACHER, Markus

 Measuring Service Productivity and Complexity in Medical Rescue Services


HARTONO, Budi

 Knowledge Management Maturity and Firm's Performance: Firm's Size as a Moderating Variable


 Communication Constraints and Motivations in the Context of Knowledge Sharing: A Systematic Literature Review

 Community Behavior During the Evacuation of Mount Merapi Eruption Disaster


HARTONO, Markus

 Indonesian Anthropometry Update Through Drills & Contini Revisited and Structural Equation Modeling Incorporating Children, Adult and Elderly Populations


HASACHOO, Narat

 Reducing Schedule Nervousness in Production and Operations Under Non-Stationary Stochastic Demand: The Case of an Airline Catering Company


HASHIMOTO, Daisuke


 Bioelectrical Impedance Analysis for Estimating Marbling Score of Live Beef Cattle in Japan

HASHIMOTO, Hideki

 A New Solution Representation for the Rectilinear Block Packing Problem

HASILOVA, Kamila

 Modelling of Influence of Various Operational Conditions on LI-ion Battery Capability

 Mathematical Analysis of Soot Particles in Oil Used as System State Indicator

HASUIKE, Takashi

Indonesian Anthropometry Update Through Drillis & Contini Revisited and Structural Equation Modeling Incorporating Children, Adult and Elderly Populations

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Abstract – Research on anthropometry deals with human physical measurement, capability and limitation. Due to various body measures of user of different cultures, gender, and geographical factors, then an understanding of anthropometry characteristics is a must. This study adopts Drillis and Contini ratio scaling method and complements the previous research by incorporating Indonesian adults [150 subjects], children [200 subjects] and elderly [120 subjects] groups. By employing Structural Equation Modeling (SEM), it was shown that limb and girth & width segments were significantly correlated with stature and weight, respectively to all population groups, both for male and female subjects. Moreover, it was confirmed that the ratio scale method has been sufficiently applied to all anthropometric groups, so that the body segments measures can be predicted. Practically, the finding can be utilized to support product design and development phases, especially in the use of more appropriate anthropometric data.

Keywords – Indonesian Anthropometry, Structural Equation Modeling, Drillis and Contini, Ratio Scaling

I. INTRODUCTION

Anthropometry is a basic principle and discipline in Ergonomics/Human Factors Engineering. It is known as a technique to measure, collect, and analyze human body dimensions [1]. All collected measures will be used for any physical product designs and development taking into account human physical capability and limitation.

According to Tan *et al.* [2], the findings of anthropometry may vary from sample-to-sample to country-to-country based, including population groups. The way to collect anthropometric data may vary as well, from a very simple one yet acceptable (see [2]) to the most sophisticated procedures (see [3]). It seems to be simple study; however, its contribution will be of highly demanding, both theoretically and practically.

Anthropometry shows its superiority as a basic ergonomics. Any product or system design which involves human as a central role, anthropometry is required. As a consequence, lack of it will lead to system discrepancy and malfunction, such as discomfort, user dissatisfaction, as well as potential injuries and musculoskeletal disorders (MSDs).

Research on anthropometry has been conducted extensively in many sectors across countries. In Indonesia, especially, there are two significant publication of Indonesia anthropometry in ergonomics-related international journals (please refer to [2] and [4]). Due to large and various number of populations and ethnic groups, there is a need to consistently and continuously update the anthropometric data. Apart from common

method with a standard form in collecting anthropometric data, sometimes the problem is occurred due to the compilation process of collected data and to publish it online. Nevertheless, a new initiative of how to publish anthropometric data has been promoted (see www.antropometriindonesia.org). Currently, there are more than 1,000 anthropometric data collected. However, more effort to update it is still of urgent.

This study, essentially, concerns on how to collect anthropometric data more effective and efficient, surely, without sacrificing the quality of data. In other words, while constantly compiling the anthropometric data, the experimenter needs to maintain its validity and reliability. The question is raised. Among all body measures, given very limited time and subjects, which one is the most critical? By revisiting Drillis and Contini [5] and Peacock *et al.* [6], it is highlighted that human body measures can be predicted by a single measure of stature and body weight. More specifically, width and girth measures are deemed to be correlated with body weight, whereas limb measures are connected with stature.

However, what body measures are prioritized and ranked according to their relationships with body stature and weight is still relatively unexplored. Moreover, how confident it is judged that body stature and weight are deemed as sufficient predictor, is of interesting. Another thing to consider is that how different population groups (e.g., children, adult, and elderly) give various results on body scale. In other words, for instance, the proportion between body measures and stature across population groups may be diversified. Thus, this study was carried out.

The objective of this study is that, (i) to revisit the findings of previous studies [1; 5; 6], by doing analysis on the correlations among many measures from data obtained in recent anthropometric study of Indonesian children, adult, and elderly groups using Structural Equation Modeling (SEM), and (ii) to provide Body Mass Index (BMI) as the application of the compiled anthropometric data and accompanied by ratio scale. It is expected that the results of this study will be utilized a set of guide to predict reliable anthropometric measures, and to better understand the characteristics of anthropometry across three different population groups.

II. METHODOLOGY

This research applied convenience sampling in collecting Indonesian anthropometric data, involving three population groups, i.e., children (ranged from 7 – 12

years old), adult (ranged from 18 – 25 years old, mostly taken from university students), and elderly (ranged from 55 – 70 years old). In total, there were 470 subjects taken, consisting of 200 children (100 males; 100 female), 150 adults (75 males; 75 females), and 120 elderly (65 males; 55 females).

According to Tan *et al.* [2], there were 36 body dimensions used. It starts from stature, eye height, to forward grip reach. During the data collection process, there were two experimenters involved for each population group. They supported to do setup, adjustment and recording the 36 measures. The names of 36 body dimensions are provided in the Appendix.

Towards the anthropometric data measurement, there were two stages conducted. Firstly, all subjects have been informed and confirmed whether they were willing to be a subject. With respect with privacy and sensitive issues, there is no obligation in case the subjects reject the offer. Secondly, referring to Tan *et al.* [2], a portable convenient anthropometric device, a body map and meter tapes were used. With a minimum target of 100 samples with a balanced group of female and male subjects, a pilot run of 5 subjects for each population groups (i.e., 5 children, 5 adults, and 5 elderly) has been carried out. Completion time, appropriateness of posture, the exact point of bony tips, appropriateness of instrument used, and some potential misunderstandings related to privacy issues were addressed and confirmed. Since it is of being sensitive measurement due to human body related, especially in Indonesia, an appropriate measurement rule was applied. It was implemented that a male experimenter measured the male subjects, while a female experimenter handled the female subjects. Since there were 2 experimenters for each population group, thus, 1 experimenter handled the measurement, and the other one took note or recorded the data. According to the pilot test, it took about 20 minutes to finish the measurement for each subject.

All data collected were compiled, screened out, and tested. Unwanted data were removed due to high variance. This was to test and control the validity and reliability. Statistic descriptive, Drillis and Contini's ratio scale method and path analysis using SEM (Structural Equation Modeling) have been done and provided in Tables I-II and Figures 1-3.

III. RESULTS AND DISCUSSION

This part provides the statistic descriptive of basic measures, Structural Equation Modeling (SEM) to extract significant multiple predictor variables and prediction analysis, and ratio scaling to predict measures using body stature and weight, respectively (see Table I, Table II, Table III, Figure 1 and Figure 2 for details).

Referring to Table I, according to BMI, it is shown that both samples (male and female) were located at the healthy weight zone (with BMI range of 18.5 and 23, as available at <http://cchrchealth.org/health-calculators/body-mass-index-bmi-adults>). A more critical result is that at the female elderly group, in which it has BMI 23.35,

which is a bit above the maximum limit of 23. However, it is still acceptable as a healthy category.

TABLE I
STATISTIC DESCRIPTIVE OF BASIC ANTHROPOMETRY MEASURES

Gender	Stature (in cm)				Weight (in kg)				BMI
	Mean	SD	Max	Min	Mean	SD	Max	Min	
Children									
Male	132.6	6.1	157.6	128.3	32.9	10.9	45	28	18.71
Female	131.9	4.5	152.3	125.3	32.1	6.8	43.4	26	18.45
Adult									
Male	172.5	6.3	193	158	67.8	12.3	112	42	22.79
Female	158.4	5.7	173.5	145.2	51.2	7.3	67	37.5	20.41
Elderly									
Male	162.6	6.3	189.5	154.3	58.8	12	103	60	22.24
Female	145.3	6.8	174	140.6	49.3	8.2	67.5	39	23.35

There are two general models proposed, (i) limb body segments → stature → BMI, and (ii) girth & width segments → weight → BMI. According to findings by Peacock et al. [6], incorporating three this study formulized four hypotheses, as follows:

H1: Limb segment is positively related to stature to all three population groups

H2: Girth & width segment is positively related to body weight to all three population groups

H3: Stature is positively related to BMI

H4: Body weight is positively related to BMI

By using SEM path-coefficient, it was built two significant models as shown in Figures 1, 2 and 3, for each population group. These were six models (i.e., A, B, C, D, E and F) after several iterative modified models. Validity and reliability tests have been conducted. Smart-Partial Least Square (Smart-PLS) 2.0 M3 [7] was utilized. PLS was used since it makes few demands on any distributional form of measured variables and deals with small sample sizes [8]. Three construct validity and reliability tests were reported, i.e., convergent validity, discriminant validity, and reliability. In terms of convergent validity, there are three criteria used [11], which are (i) all item factor loadings should exceed 0.7, (ii) construct reliabilities should exceed 0.7, and average variance extracted (AVE) of construct should exceed 0.5. Discriminant validity is based on the square root of AVE for a particular construct must be greater than its corresponding inter-construct correlation coefficient. A minimum Cronbach's alpha of 0.6 is deemed to be acceptable value of reliability [11]. The results of validity and reliability test were shown in Table II. All constructs were deemed valid and reliable for all population groups.

TABLE II
MEASUREMENT OF CONSTRUCTS

Construct	Children			Adult			Elderly		
	AVE*	Composite reliability	Cronbach alpha	AVE*	Composite reliability	Cronbach alpha	AVE*	Composite reliability	Cronbach alpha
Limb segment	0.496	0.911	0.871	0.494	0.936	0.924	0.483	0.938	0.915
Stature	0.511	0.924	0.921	0.497	0.925	0.914	0.496	0.943	0.921
Width & girth segment	0.487	0.937	0.878	0.511	0.915	0.907	0.509	0.972	0.913
Weight	0.524	0.971	0.968	0.481	0.874	0.856	0.473	0.861	0.843

*Average Variance Extracted

According to path analysis, it shows that, for adult group, at Model A (i.e., male sample), the stature was highly correlated (with factor loading of 0.891) with body

measure 3 (i.e., shoulder height), while the body weight was closely correlated (0.896) with body measure 21 (i.e., abdominal depth). At the Model B (i.e., female sample), they were dimension 2 (i.e., eye height) and dimension 12 (i.e., thigh thickness) were deemed highly correlated (with factor loadings of 0.931 and 0.852, respectively) with stature and body weight, respectively. All constructs (i.e., stature and weight) were highly fitted with their respective predictors (limb segments, and width & girth segments), which were shown by high value of R^2 (i.e., more than 0.5). Similar to adult group, the remaining groups (children and elderly) had the same pattern. All constructs were significantly correlated with their predictors. More specifically, at Model C (i.e., male sample), the stature was highly correlated with body measure 4 (i.e., elbow height), whereas the body weight was correlated with body measure 12 (i.e., thigh thickness). Still, at the same group, referring to Model D (i.e., female sample), the stature was highly correlated with body measure 3 (i.e., shoulder height), whereas the body weight was correlated with body measure 12 (i.e., thigh thickness). The last group, which is provided in Model E and F for elderly group, shows relative results. At Model E (i.e., male sample), the stature was highly correlated with body measure 3 (i.e., shoulder height), whereas the body weight was correlated with body measure 20 (i.e., abdominal depth). While, at Model F (i.e., female sample), similar to that Model D, the stature was highly correlated with body measure 3 (i.e., elbow height), whereas the body weight was correlated with body measure 12 (i.e., thigh thickness).

As shown in Table III, that was clearly shown that limb segment was highly significantly correlated with stature, applies to all population groups. In addition, width & girth segment and body weight were highly significant, to all population groups as well. Surely, it gives more confident that Drillis and Contini method [5] and findings by Peacock *et al.*[6] have been confirmed. Stature is deemed to be a good predictor to limb segments, and body weight will be of good predictor to width & girth segments. More interestingly, all population groups show relatively the similar patterns. Thus, with a range of 7 to 70 years old, the growth of human body measures related to stature and body weight was relatively of the same pattern.

Body mass index (BMI) is a representative equivalent measure of body fatness independent of age, race, gender, sexual maturation, and distribution of fat in children and adolescents [10]. BMI was significantly and positively correlated with age, stage of maturation, and all of the anthropometric variables in each race-sex group such as the waist and hip ratio.

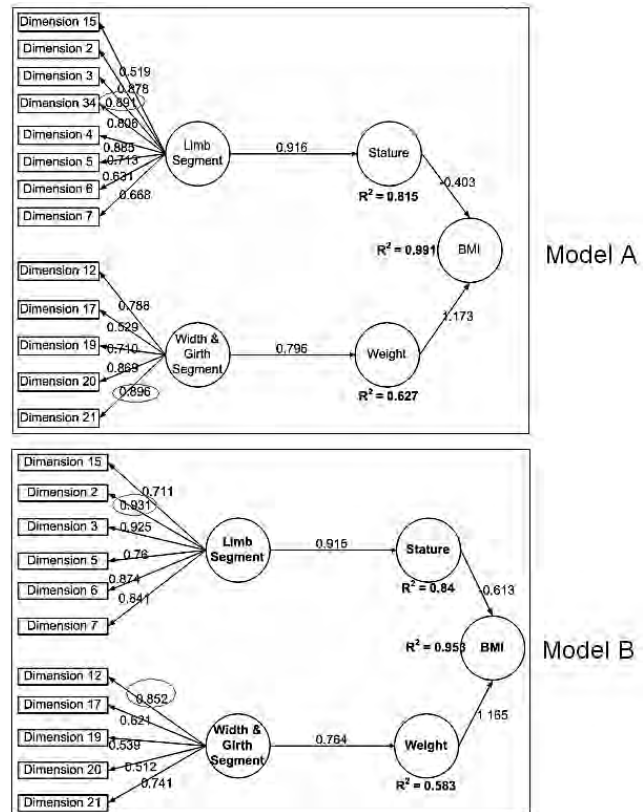


Fig. 1. A structural model with path coefficients and R^2 for male (Model A) and female (Model B) for adult group

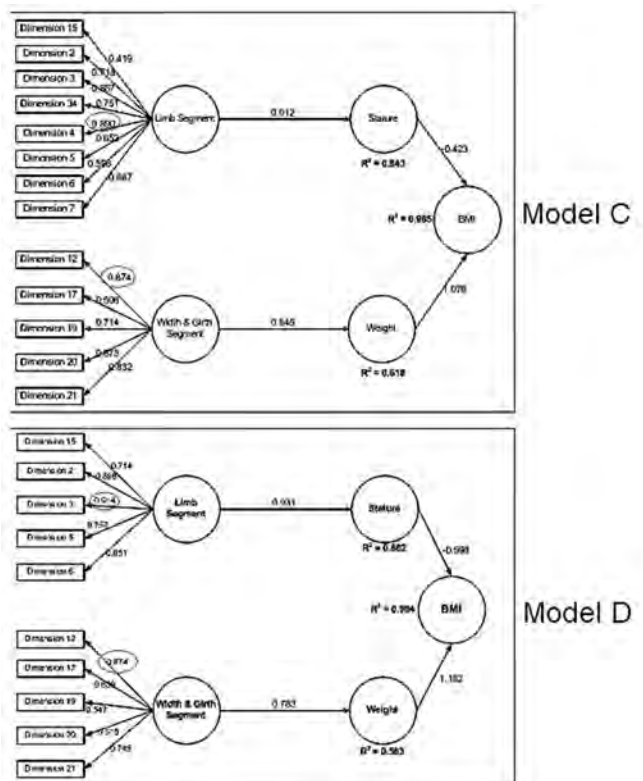


Fig. 2. A structural model with path coefficients and R^2 for male (Model C) and female (Model D) for children group

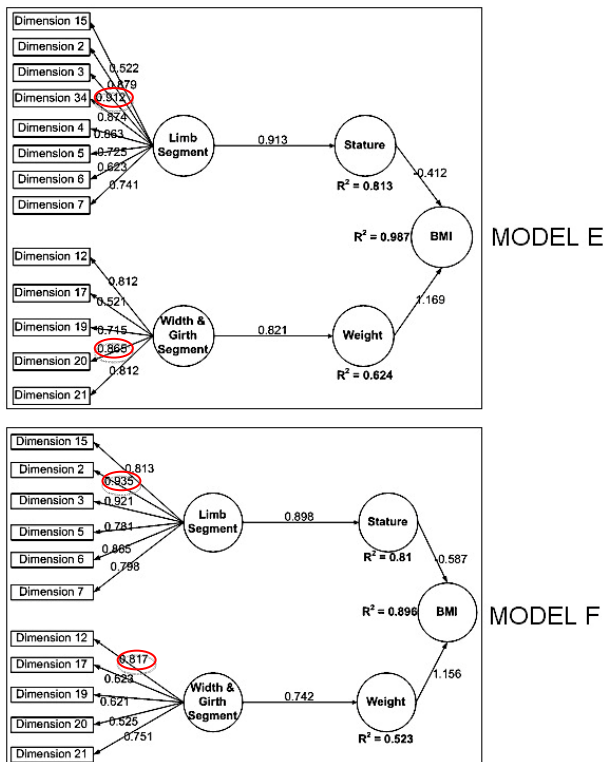


Fig.3. A structural model with path coefficients and R^2 for male (Model E) and female (Model F) for elderly group

TABLE III
SIGNIFICANT VALUE OF PATH MODEL

Path	MALE			FEMALE		
	Coeff.	SE*	t-value	Coeff.	SE*	t-value
Children						
Limb segment → Stature	0.912	0.018	50.67	0.931	0.014	66.50
Stature → BMI	-0.423	0.046	9.20	-0.598	0.058	10.31
Weight → BMI	1.076	0.050	21.52	1.152	0.054	21.33
Width & girth segment → Weight	0.845	0.036	23.47	0.783	0.029	27.00
Adult						
Limb segment → Stature	0.916	0.019	48.21	0.915	0.011	83.18
Stature → BMI	-0.403	0.051	7.90	-0.613	0.056	10.95
Weight → BMI	1.173	0.036	32.58	1.165	0.052	22.40
Width & girth segment → Weight	0.796	0.038	20.95	0.764	0.038	20.11
Elderly						
Limb segment → Stature	0.913	0.016	57.06	0.898	0.034	26.41
Stature → BMI	-0.412	0.051	8.08	-0.587	0.037	15.86
Weight → BMI	1.169	0.041	28.51	1.156	0.062	18.65
Width & girth segment → Weight	0.821	0.039	21.05	0.742	0.039	19.03

*Standard Error

BMI is chosen to be one of applied uses of anthropometric data. The critical points are that which limb segments are highly correlated with stature, and which girth & width segments are highly correlated with body weight. More specifically, this study aimed to find out, across different population groups, which body segments are in common. BMI is proposed to be indirectly correlated with limb segments, and girth & width segments. Thus, more specifically, due to limited number of body segments or anthropometric measures

with either no data of stature or body weight, it is possible to predict BMI. It is the detailed shape of anthropometry.

It was found that limb segments were correlated with stature, and also girth & width segments were deemed closely correlated with body weight. This study confirmed the previous findings by Peacock et al. [6]. More specifically, across different groups, the segments of eye height, shoulder height, hip height, knuckle height, and knee height were commonly highly correlated with stature. While, the segments of thigh thickness, shoulder breadth, hip breadth, chest depth and abdominal depth were commonly highly correlated with body weight. Hence, those all significant body segments were deemed good predictor for BMI, given either with or without information of body stature and weight, or vice versa.

More critically, this study confirms the finding of the previous study [9], which highlights that the scaling method cannot be applied 6 years of age due to too large discrepancy between skull height and thickness. Perhaps, it may be applied to 70 years and above. More ages, there will be a decrease of human muscle-ability, flexibility, and metabolism that may be affecting the body dimensions.

In the future study, it is highly recommended to explore and define more appropriate dependent variable for anthropometric data measurement, which is of more beneficial and applicable to the market.

IV. CONCLUSION AND FURTHER RESEARCH

Study on anthropometry in a certain nationality by incorporating all population groups (i.e., children, adult, and elderly) may provide a new perspective of how the anthropometric characteristics may vary. So far, much research on anthropometry has evaluated and analyzed the body characteristics of adult population. This current study complement the understanding of anthropometric characteristics, especially the linear relationship between limb segments and width/girth segments, and its prediction model using Drillis and Contini's ratio scale.

According to the research finding, in all population groups (i.e., children, adult, and elderly), limb segments have significant correlation with stature, whereas width and girth segments have significant one with body weight. Again, confidently, body weight and stature can be used as a predictor of body mass index (BMI).

Given more valid measurement and procedures and sufficient sample size, the human body dimensions can be predicted in the near future by proposing mathematical modeling. Structural Equation Modeling is found to be a powerful tool to present the correlations among anthropometric dimensions.

This study confirms the findings that body weight was found to be a predictor of width and girth measures, whereas stature was found to be highly correlated with limb lengths. More specifically, this study provides more insight about which body segments can be predicted more precisely through either stature or body weight, according to statistical testing. Practically, the findings can be

applied to any product or system design taking into account anthropometric measures, to all population groups (i.e., children, adult and elderly).

The most challenging part in documenting anthropometric data in general is that how to measure, collect and compile anthropometric data effectively and efficiently. Effective aspect covers how to get the right subject, body segment, and measurement process. Efficient aspect includes how to get a targeted number of anthropometric data subjected to time or subject group constraints. This research tried to address the issue of limited number anthropometric data for certain population group (clustered according to different ages) in Indonesia. Given a sufficient sample size, a structural model was proposed, and validated. Several body limb segments were found to be significantly correlated with stature, so did the girth and body width with the body weight. Through ratio scaling method, as proposed by Drillis & Contini [5; 6], this study found that several body segments can be predicted. Hence, it is hoped to attain more effective and efficient anthropometric data due to the subjects measured constraint.

Even though the statistical results show good fit of model, this study can be extended and enhanced by incorporating more sample size and diversification. For instance, since Indonesia is of a various ethnic-based country, more samples from special populations such as elderly and children might be of interest.

V. ACKNOWLEDGEMENT

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APPENDIX

List of body dimension [1; 2]

1	Stature	19	Hip breadth
2	Eye height	20	Chest (bust) depth
3	Shoulder height	21	Abdominal depth
4	Elbow height	22	Shoulder-elbow length
5	Hip height	23	Elbow-fingertip length
6	Knuckle height	24	Upper limb length
7	Fingertip height	25	Shoulder-grip length
8	Sitting height	26	Head length
9	Sitting eye height	27	Head breadth
10	Sitting shoulder height	28	Hand length
11	Sitting elbow height	29	Hand breadth
12	Thigh thickness	30	Foot length
13	Buttock-knee length	31	Foot breadth
14	Buttock-popliteal length	32	Span
15	Knee height	33	Elbow span
16	Popliteal height	34	Vertical grip reach (standing)
17	Shoulder breadth (bideloid)	35	Vertical grip reach (sitting)
18	Shoulder breadth (biacromial)	36	Forward grip reach