Abstract Book
The 11th Congress of the ASEAN Federation for Psychiatry and Mental Health (AFPMH)

AFPMH Congress 2008

and

The Annual Meeting of the South Asian Forum on Mental Health and Psychiatry

Mental Health toward 2020: Working Together for Better Mental Health in Asia
26 - 29 August 2008, Bangkok, Thailand
ASEAN Journal of Psychiatry

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Editor
Manit Srisurapanont, MD.
Department of Psychiatry, Faculty of Medicine, Chiang Mai University
Muang, Chiang Mai, Thailand 50200
Tel: + 66 53 945 422; Fax: + 66 53 945 426; Email: msrisu@yahoo.com

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Secretariat Office:
Sri Thanya Hospital,
47 Moo 4 Tiwanon Rd.,
Amphur Mueang,
Nonthaburi 11000, Thailand
Tel +66-525-2333 – 5
Fax +66-526-2894
E-mail: secretariat@psychiatry.or.th
www.afpmh.net

Mental Health toward 2020: Working Together for Better Mental Health in Asia
26 – 29 August 2008, Bangkok, Thailand
Abstract Book

for

The 11th Congress of the ASEAN Federation for Psychiatry and Mental Health (AFPMH)
and the Annual Meeting of the South Asian Forum on Mental Health and Psychiatry

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A Message from the AFPMH President

Dear Colleagues,

It is my great pleasure to welcome you in Bangkok, the capital city of my homeland at the 11th AFPMH Congress.

According to the AFPMH council, the congress is organised every two years. However, this year it is the first time that AFPMH has joined with the South Asian Forum (SAF) and our East Asian partnership. So this congress is perhaps the largest AFPMH Congress ever held. It brings psychiatrists and mental health workers from many parts of Asia to share their experiences and learn from each other. This is also the first time that we have published the abstracts of all academic sessions of the congress in the supplementum issue of the ASEAN Journal of Psychiatry.

I would personally like to express my sincere thanks to Prof. Manit Srisurapanont, an editor of the ASEAN Journal of Psychiatry, for making this excellent abstract book.

I do hope all of you will enjoy both the scientific sessions and the social programme available in this congress. I strongly believe that this congress will also enhance the existing friendships or establish new relationships among professionals and multidisciplinary colleagues. Wishing you a pleasurable and memorable experience of the congress.

Best regards,

Prof. Pichet Udomratn, M.D.
President, ASEAN Federation for Psychiatry and Mental Health (AFPMH)
President the Psychiatric Association of Thailand
Scientific Program

Plenary Lectures (PL)
There are two Plenary Lectures (70 min each). A well known senior leader in psychiatry and mental health will deliver the speech in each lecture.

Plenary Symposium (PS)
There is one Plenary Symposium (70 min). Well known senior leaders in psychiatry and mental health will deliver the speech.

Special Symposia (SS)
There are four Special Symposia (SS1-3 = 110 min each, SS4 = 100 min). Each symposium includes five to six speakers, who are jointly invited by an organization and the Congress.

Regular Symposia (RS)
There are 13 Regular Symposia (100-110 min each). For each symposium, two to five speakers will present a specific topic in psychiatry and/or mental health, representing several points of view.

VCD Case Demonstration (VCD)
This session (100 min) will present special techniques used in psychiatry. The session consists of lecture and case demonstration (by using VDC or DVD).

Workshops (WS)
A workshop (210 min) will present special techniques used in psychiatry. The session consists of lecture and case demonstration (by using VDC or DVD). These interactive workshops have limited space for a maximum of 60 participants.

Oral Communications (OC)
Oral Communications will be presented in three 100-minute parallel sessions. The time allotted to each presenter will be 12 min, followed by 3 min of discussion.

Poster Presentations (PP)
Posters will be presented in Northern area of Hall 1. A senior author or co-author may present during poster viewing 1 (Wed Aug 27, 2008 between 10:10-10:40 am).

Poster Award Presentations (PAP)
Posters that are candidates for Poster Awards will be presented in Northern area of Hall 1. A senior author or co-author should present during poster viewing 1 (Wed Aug 27, 2008 between 10:10-10:40 am).

Pre-Congress Industry-Sponsored Symposia (PCISS) and Industry-Sponsored Symposium (ISS)
Six symposia (70-100 min each) are organized by sponsored industries. Each session will focus on a specific scientific or a clinically relevant topic in psychiatry or systems of care. Food, food boxes, or food cards will be provided at the end of the session.

Lunch Symposia (LS)
Six symposia (70-100 min each) are organized by sponsored industries. Each session will focus on a specific scientific or a clinically relevant topic in psychiatry or systems of care. Lunch will be provided at the beginning of session.

Organization Meetings (OM)
There are 4 Organization Meetings. Only the executives and/or the members of the named organization are invited to attend the meeting.

Special Meeting (SM)
A special informal meeting for young Asian psychiatrists and mentors has been arranged. Those interested are invited to participate.

Abbreviations:
ISS: Industry-Sponsored Symposium
LS: Lunch Symposium
MPR: Multipurpose Room
MR4-5: Meeting Room 4-5
OC: Oral Communication
OM: Organization Meeting
PCISS: Pre-Congress Industry Sponsored Symposium
PAP: Poster Award Presentation
PP: Poster Presentation
PL: Plenary Lecture
PS: Plenary Symposium
RS: Regular Symposium
SS: Special Symposium
SM: Special Meeting
TBA: To Be Announced
VCD: VCD Case Demonstration
WS: Workshop
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<tr>
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| 10:40-12:20| Hall 2| **PCISS1**: Schizophrenia and Depression: Continued Challenges, New Vistas (Eli Lilly)  
Chairperson: Ronnachai Kongsakon (Thailand)  
PCISS1-1: Schizophrenia; From Current Advances to Practical Tips  
Richard Williams, Canada  
PCISS1-2: Tangled Up in Blue: Optimizing Treatment of Depression in the Presence of Comorbidities  
Siegfried Kasper, Austria |
| 10:40-12:20| Hall 3| **PCISS2**: Maximize Efficacy, Minimize Adverse Effect by 3rd Generation Antipsychotic Drugs: Dopamine Partial Agonists (Thai Otsuka Pharmaceutical)  
Chairperson: Vorakulruea Theeramuk (Thailand)  
PCISS2-1: Pharmacology of 3rd Generation Antipsychotics  
Chuthamanee Suthisang, Thailand  
PCISS2-2: Adjunctive Benefit of Aripiprazole on Major Depressive Disorder  
A. John Rush, USA |
| 10:40-12:20| Theater 5| **PCISS3**: Rationale and Strategies for Treating Psychosis, Aggression, and Agitation in Alzheimer’s Disease (Eisai)  
Chairperson: Nuntika Thavichachart (Thailand)  
PCISS3-1: Rationale and Strategies for Treating Psychosis, Aggression and Agitation in Alzheimer’s Disease  
Len Schneider, USA |
| 12:20-13:50| Hall 2| Lunch |
| 14:00-14:45| Hall 2| OPENING CEREMONY |
| 14:45-16:35| Hall 2| **SS1**: Mental Health in ASEAN: Current Status and Toward 2020  
Chairpersons: Mohamad Hussain Habil (Malaysia)  
Ronnachai Kongsakon (Thailand)  
SS1-1: Current Status and Toward 2020 of Mental Health in Cambodia  
Kim Savoung, Cambodia  
SS1-2: Mental Health in Indonesia: Current Status and Toward 2020  
Syamsul Hadi, Indonesia  
SS1-3: Mental Health Services in Malaysia: Current Status and Toward 2020  
Ahdul Kadir Abu Bakar, Malaysia  
SS1-4: Current State and Future Directions for Philippine Mental Health  
Maria Irene Batar, Philippines  
SS1-5: Mental Health in Singapore: Current Status and Toward 2020  
Alex Su, Singapore  
SS1-6: Mental Health in Thailand: Current Status and Toward 2020  
Somchai Chakkapha, Apichai Mongkol, Pichet Udomratn, Natthakorn Jamphakang, Thailand |
| 14:45-16:35| Hall 3| **SS2**: Mental Health in South Asia and East Asia: Current Status and Toward 2020  
Chairpersons: Takuya Kojima (Japan)  
Mohandas Warrier (India)  
SS2-1: Mental Health in India: Current Status and Toward 2020  
Mohandas Warrier, India  
SS2-2: Mental Health in Japan: Current Status and Toward 2020 |
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| 1445 – 1635 | MPR | SS3: Thai-American Psychiatry Conference  
Chairpersons: Pedro Ruiz (America)  
Pichet Udomratn (Thailand)  
SS3-1: History of Psychiatry in America: An American Psychiatric Association Perspective  
Pedro Ruiz, USA  
SS3-2: History of Psychiatry in Thailand  
Pichet Udomratn, Thailand  
SS3-3: Drug Use, Abuse, and Dependence in the United States: Trends, Limitations, and Ideas for Future Studies  
Linda Contler, USA  
SS3-4: Current Situation of Substance-Related Problems in Thailand  
Sawitri Assanangkornthai, Thailand  
SS3-5: Geriatric Psychiatry: Alzheimer’s Dementia and Related Disorders in the 21st Century  
Jose E. De la Gandara Sibila, USA  
SS3-6: Thai Perspectives on Geriatric Psychiatry  
Narathai Wongpakaran, Thailand |
| 1635 – 1800 | Hall 2 | ISS1: A Revolution in Dementia Management with Once Daily Transdermal Patch (Novartis)  
Chairperson: Nuntika Tawichachart (Thailand)  
ISS1-1: New Transdermal Patch: The Ideal Therapeutic Approach for AD & PDD  
George Grossberg, USA  
ISS1-2: Practical Points of Rivastignine Patch in Daily Practice  
Chutamance Suthisang, Thailand |
| 1635 – 1800 | Theater 5 | ISS2: The First Asian Network of Bipolar Disorder (ANBD) Conference  
“Bipolar Disorder in Asia: Current Status and Toward 2020” (AstraZeneca)  
Chairpersons: Ki-Yan Mak (Hong Kong)  
Ronnachai Kongsacon (Thailand)  
ISS2-1: Impact of Bipolar Disorder: Global and Asian Countries  
Lakshmi Narayana Yatham, Canada  
ISS2-2: Screening and Diagnosing Bipolar Disorder in Asian Countries  
Kyooseob Ha, Korea  
ISS2-3: Atypical Anipsychotics in Management of Bipolar Disorder: Asian Perspective  
YH Chou, Taiwan |
<p>| 1635 – 1800 | MR4-5 | OM1: Executive Meeting of AFPMH Council (for the AFPMH Council executives only) |</p>
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| 0900 - 1010 | Hall 2 | PL1: Mental Health Toward 2020: Global Perspective  
Chairperson: Somchai Chakrabhand (Thailand)  

PL1-1: Mental Health Toward 2020: Global Perspective  
Benedetto Saraceno, Switzerland |
| 1010 - 1040 |       | Break & Poster Viewing 1                                                  |
| 1040 - 1220 | Hall 2 | SS4: Working Together for Better Mental Health in Asia: From Concepts to Practice  
Chairpersons: Naonata Shinfuku (Japan)  
Parameshvara Deva (Brunei)  

SS4-1: Mental Health Needs in Asian Countries  
Parameshvara Deva, Brunei  

SS4-2: TRenDS: A Model for Working Together in Asia  
Pichet Udomratan, Thailand  

SS4-3: Working Together Through Research in Asia  
Naonata Shinfuku, Japan  

SS4-4: Working Together Through Training in Asia  
Mohandas Warrier, India  

SS4-5: Working Together for Better Mental Health in Asia: An Overview of Regional & International Collaboration  
Afzal Javed, United Kingdom |
| 1040 - 1220 | Hall 3 | RS1: Recent Advances of Substance Use Disorders  
Chairpersons: Toshikazu Saito (Japan)  
Sawitri Assanangkornchrai (Thailand)  

RS1-1: Making Sense of Substance Use Disorders: Developing and Understanding for DSM-V & ICD 11  
John B. Sanders, Australia  

RS1-2: Back to Basics: The Relationship of Quantity, Frequency, and the Duration of Heaviest Cannabis Use to Addiction  
Linda Cottler, USA  

RS1-3: Stemcell Transplantation as a Novel Therapy for Fetal Alcohol Spectrum Disorders  
Toshikazu Saito, Japan |
| 1040 - 1220 | Theater 5 | VCD1: Satir Model of Psychotherapy  

VCD1-1: Satir Model of Psychotherapy  
Nongpang Limsuwan, Thailand  
Parichawan Chunararitsri, Thailand |
| 1040 - 1220 | MPR   | RS2: Depression in Asia: Current Status and Future Perspectives  
Chairpersons: Bruce Singh (Australia)  
Tsuyoshi Akiyama (Japan)  

RS2-1: The Recent Pharmacotherapies and Future Treatment Goal of Depression in Korea  
Min Soo Lee, Korea  

RS2-2: Depression in Japan  
Tsuyoshi Akiyama, Japan  

RS2-3: Major Depressive Disorder in Hong Kong Chinese – The Relationship between Pain, Sleep, and Depression  
Chung Ka Fai, Hong Kong  

RS2-4: Major Depression in Thai Patients: An Association Study of 5-
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<td>Orapun Thongtang (Thailand)</td>
<td>Vrayuth Praphunphoj on behalf of the Thai GODD study group, Thailand</td>
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<td>LS1-1: Fibromyalgia: Where Fantasy Stops and Reality Begins</td>
<td>Pradit Pracheevananich, Thailand</td>
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<td>LS1-2: New Frontier in Fibromyalgia Management</td>
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<td>1220 – 1350</td>
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<td>LS2: Improving Antipsychotic Therapy for Better Patient Outcomes</td>
<td>Nuntika Thavichachart (Thailand)</td>
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<td>LS2-1: Improving Antipsychotic Therapy for Better Patient Outcomes</td>
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<td>1220 – 1350</td>
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<td>Pichet Udomrattani (Thailand)</td>
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<td>LS3-1: Antidepressant Treatment for Depression with Insomnia</td>
<td>Min-So Lee, Korea</td>
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<td>Nipatt Karmjananthanlers, Thailand</td>
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<td>RS3: Current Therapies and Future Perspectives of Mood Disorders</td>
<td>Lashmi Narayana Yatham (Canada)</td>
<td>Russell D’Souza (Australia)</td>
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<td>RS3-1: Atypical Antipsychotics for Bipolar Depression: Efficacy and Biological Mechanisms</td>
<td>Lashmi Narayana Yatham, Canada</td>
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<td>RS3-2: Neurobiology of Depression: Some Current Perspectives</td>
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<td>Kua Ec Hoek, Singapore</td>
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<td>RS4-2: Post-graduate Training in Psychiatry: A Viewpoint from Malaysia</td>
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<td>RS4-3: Training for Future Psychiatrists: Australian Perspective</td>
<td>Bruce Singh, Australia</td>
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<td>RS4-4: Training for Future Psychiatrists: North American Perspective</td>
<td>Donald Wasylenki, Canada</td>
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<td>1400 – 1540</td>
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<td>RS5-1: Mental Health and Gross National Happiness</td>
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*Note: The table represents a schedule of sessions and presentations at a conference. The sessions cover various topics related to psychiatry, sleep disorders, depression, antipsychotic therapy, and training for future psychiatrists. The presenters and chairpersons are from different countries, indicating an international aspect to the conference.*
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<td>1600 – 1740</td>
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<td>OC2: Education and Psychosocial Issues in Psychiatry&lt;br&gt;Chairpersons: Sawitri Assanangkornchai (Thailand)&lt;br&gt;Nanivat Sudhatrikst (Thailand)</td>
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<td>1740-1900</td>
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<td>OM3: The Meeting of RCPsychT and PAT (for the Royal College of Psychiatrists of Thailand and the Psychiatric Association of Thailand members only)</td>
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<td>1900 – 2130</td>
<td>Hall 2</td>
<td>SM1: The Meeting of Young Asian Psychiatrists (an informal meeting of young Asian psychiatrists and mentors)</td>
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<td>Gala Dinner &amp; Cultural Night</td>
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| 0900 - 1010 | Hall 2 | **PL2: Violence, Psychiatry and Mental Health**  
**Chairperson:** Nonpanga Limsuwan (Thailand)  
**PL2-1: Violence, Psychiatry and Mental Health**  
Norman Sartorius, Switzerland |
| 1010 - 1040 | Break and Poster Viewing 2 |
| 1040 - 1220 | Hall 2 | **RS6: Stigma and Mental Illness: Global and Asian Perspectives**  
**Chairpersons:** Norman Sartorius (Switzerland)  
Vanpen Boonyaparakob (Thailand)  
**RS6-1: Stigma Related to Mental Illness: A Global Perspective**  
Norman Sartorius, Switzerland  
**RS6-2: Asian Perspective on Stigma and Mental Illness**  
Paraneshvara Deva, Brunei |
| 1040 - 1220 | Hall 3 | **RS7: Psychosocial Rehabilitation: from Concept to Practice**  
**Chairpersons:** Afzal Javed (United Kingdom)  
Wachira Penjaatr (Thailand)  
**RS7-1: Current Concept of Psychosocial Rehabilitation**  
Afzal Javed, United Kingdom  
**RS7-2: Psychosocial Rehabilitation Model in Hong Kong**  
Deborah Wan, Hong Kong  
**RS7-3: Psychosocial Rehabilitation in Thailand**  
Suchada Sakornsathien, Thailand |
| 1040 - 1220 | Theater 5 | **RS8: Attention Deficit/Hyperactive Disorders**  
**Chairpersons:** Mark Berelowitz (United Kingdom)  
Teerakiat Jaroensettasin (United Kingdom)  
**RS8-1: Recent Advance in ADHD**  
Mark Berelowitz (United Kingdom)  
Teerakiat Jaroensettasin (United Kingdom) |
| 1040 - 1220 | MPR | **RS9: Publication and Journals in Asia: Meeting the Editors**  
**Chairpersons:** Masatoshi Takeda (Japan)  
Manit Siriwasaranont (Thailand)  
**RS9-1: How to Start, Plan, and Structure a Manuscript: A Beginner Guide**  
Manit Siriwasaranont, Thailand  
**RS9-2: How to Get Papers Published in Psychiatry Journals**  
Masatoshi Takeda, Japan  
Russell D’ Souza, Australia |
| 1220 - 1350 | Hall 2 | **LS4: A-Z in Psychiatry (Pfizer Pharmalink)**  
**Chairperson:** Nuntika Thavichachart (Thailand)  
**LS4-1: Adverse Effects of Atypical Antipsychotics: Clinical Implications**  
Arun Ravindran, Canada  
**LS4-2: Pharmacology Update of Alprazolam XR**  
Chaichan Sangdee, Thailand |
<p>| 1220 - 1350 | Theater 5 | <strong>LS5: Pharmacogenomics in Psychiatry (Roche Diagnostics)</strong> |</p>
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<tr>
<td>1400 – 1540</td>
<td>Hall 2</td>
<td><strong>RS10:</strong> Community Mental Health in Asia: Sharing of Good Practice</td>
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<td><strong>Chairpersons:</strong> Lourdes Ignacio (Philippines)</td>
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<td>Apichai Mongkol (Thailand)</td>
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<td>1400-1540 Facilitation Community Mental Health in the Asia-Pacific</td>
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<td>Bruce Singh, Australia</td>
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<td>1400-1540 Community Psychiatry Paradigm in Brunei</td>
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<td>Parameshrava Deva, Brunei</td>
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<td>1400-1540 Community Mental Health Care in the Philippines</td>
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<td>Lourdes Ignacio, Philippines</td>
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<td>1400-1600 Community Mental Health in Sri Lanka</td>
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<td>Nalaka Mendis, Sri Lanka</td>
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<td>1400-1740 Community Mental Health in Thailand</td>
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<td>1400 – 1540</td>
<td>Hall 3</td>
<td><strong>RS11:</strong> Psychiatric Consequences of Asian Disasters</td>
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<td><strong>Chairpersons:</strong> Saroja Krishnaswamy (Malaysia)</td>
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<td>Panom Ketumarn (Thailand)</td>
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<td>1400-1540 Prevalence of Post-Traumatic Stress Disorder in Students:</td>
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<td>Twenty-Three Months after the Tsunami</td>
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<td>1400-1540 The Training of Primary Mental Intervention Skills in the</td>
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<td>Aftermath of the Tsunami Disaster: The Penang Experiences</td>
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<td>Saroja Krishnaswamy, Malaysia</td>
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<td>1400-1540 Toward the Recovery Process for Tsunami Survivors in Thailand</td>
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<td>Nuttom Pityaratanimate, Thailand</td>
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<td>1400 – 1740</td>
<td>MPR</td>
<td><strong>WS1:</strong> Buddhist Psychotherapy</td>
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<td><strong>Chairpersons:</strong> Yongyud Wongpiromsarn, Thailand</td>
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<td>1400-1740 (limited space for the maximum of 60 participants)</td>
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<td>1540 – 1600</td>
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<td><strong>Break</strong></td>
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<td>1600 – 1740</td>
<td>Hall 2</td>
<td><strong>RS12:</strong> Many Faces of Psychoses</td>
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<td><strong>Chairpersons:</strong> Swapna Verma (Singapore)</td>
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<td>P hunnapa Kittirattanapaiboon (Thailand)</td>
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<td>1600-1740 Early Psychosis Intervention: The Singapore Experience</td>
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<td>Swapna Verma, Singapore</td>
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<td>1600-1740 Methamphetamine Psychosis: a Thai Perspective</td>
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<td>P hunnapa Kittirattanapaiboon, Thailand</td>
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<td>1600-1740 Reaching the Unreached</td>
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<td>Haroon Rashid Chaudhry, Pakistan</td>
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<td>1600 – 1740</td>
<td>Hall 3</td>
<td><strong>RS13:</strong> Psychiatric &amp; Mental Health Aspects of Sleep</td>
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<td><strong>Chairpersons:</strong> Naiphinich Kotchabhakdi (Thailand)</td>
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<td>Wayne Henning (USA)</td>
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<td>1600-1740 Sleep and Mental Health in Children</td>
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<td>Nittaya Kotchabhakdi, Thailand</td>
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<td>1600-1740 The Psychiatric Aspects of the Restless Legs Syndrome (RLS)</td>
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<td>Wayne Henning, USA</td>
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<td>1600-1740 Sudden Unexplained Nocturnal Death Syndrome (SUNDS):</td>
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<td>Psychological Aspect</td>
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Conclusion: Violent behaviors may be conceptualized as adolescent responses to self-care deficits. Violence prevention efforts should be directed at teaching adolescents potential alternatives to cope with stressful situations, promoting social support at home and school, and collaborating with teachers and parents to reduce environmental conditions that promote violence.

OC2-5 Materials Development for Volunteers to Promote Elderly Mental Health at Home in Thailand
Sajira Naowarat, Inthira Padnindra, Thanyalak Kaewmuang, Khajirat Chanprasert
Department of Mental Health, Ministry of Public Health, Thailand

Objective: To develop materials to use during home visit the elderly to promote their mental health status and delay their brain and body deterioration.

Methods: This study followed the 7 process of research study and innovation development of the Department of Mental Health, Thailand that were: elderly needs analysis, conceptual framework development, literature reviewed, materials designed development, experts opinion, training of 160 volunteers to use the materials with 465 elderly in 3 pilot provinces selected by purposive sampling and supervision after training. This process took 1 year from April 2007 – April 2008.

Results: Materials composed of manual, flip chart, jigsaw, cards, and paper dice for volunteers to use during elderly home visit. The contents of the materials are conversation, mental health education, brain gym, stress relaxation techniques, and brain exercise. The materials are convenience for the volunteers to use and are satisfied by the elderly.

Conclusion: Materials are developed through the 7 process of research study for volunteers to use for mental health promotion and delay brain and body deterioration of the elderly at home. They were tried out in the pilot provinces and found to be satisfied by the volunteers and be useful for the elderly.

References:
- Department of Mental Health. Elderly Mental Health Care Manual. Bangkok: Agriculture Cooperative Group Publishing; 2005

OC3-1 The Effectiveness of Behavior Modification, Food Diet and Drug Therapy Toward Attention Deficit and Hyperactivity Disorder Children’s Behavior
Nanik Sochardio Hartono
Laboratory of Clinical Psychology, Faculty of Psychology, University of Surabaya, Indonesia

Abstract: Most parents of Attention Deficit and Hyperactivity Disorder (ADHD) children in Indonesia refused to use drug continuously because they were worry about it side effect. Therefore, other therapies such as food diet and behavior modification may be able to substitute the role of drug therapy. The main purpose of this experiment was to investigate the effectiveness of behavior modification, diet, and drug therapy as a single therapy to lower the hyperkinetic behavior (HB). This research was conducted through a single case subject design, applying the DSM-IV to measure the symptoms of the ADHD, the Werry-Weiss-Peter activity scale to measure the HB, and CPM to group the intelligence level. Subjects (N = 6) were 7 – 11 aged boys, diagnosed by psychiatrists as ADHD clients without any other disorder. They were divided into 3 groups; each was treated differently and monitored weekly. Results showed that behavior modification therapy was effective in lowering the HB score and in improving behavior such as obedience, discipline, autonomy, and family relationship. Diet therapy was effective in lowering the HB score, such as impulsivity, explosion of anger, and unstable emotion. Furthermore drug therapy was effective in lowering the HB score and in improving abilities such as attention span, concentration, visual-motor coordination, and short-term memory. Each therapy has differences of specialization in handling
behavior problem of ADHD children. Therefore, parents should use multimodal approach and accept drug therapy (3).

References:

OC3-2 The Impact of Having a Disabled Child on the Mental Health of a Mother: A 21-Years Prospective Study

Jake Najman1, Mohammad R. Hayatbakhsh1, Alexandra Clavarino2, William Bor3, Michael J. O’Callaghan4, Gail M. Williams1, Greg Shuttlewood1
1QADREC, School of Population Health, The University of Queensland, Australia
2School of Pharmacy, The University of Queensland, Australia
3School of Medicine, The University of Queensland, Australia
4School of Social Science, The University of Queensland, Australia

Objective: With an increasing proportion of children being born with various disabilities, little is known about the long-term impact on the mother, of rearing a child born with a severe disability. Studies, which aim to determine the impact of severe childhood disabilities on parents face substantial methodological challenges including:

i) The possibility of confounding by factors which predict both the occurrence of a disabled child and maternal mental health outcomes, for example, substance abuse

ii) The need for a large sample as serious disabilities are a rare occurrence as is mental health impairment

iii) The need for long term follow-up as the impacts of having a disabled child may change over time

Methods: Data are taken from the Mater-University of Queensland Study of Pregnancy (MUSP) and its outcomes. In this prospective, pre-birth cohort study of 7223 children, children were categorized upon the birth details of children born with disabilities. These children were repeatedly followed-up until 21 years later. Mothers’ were administered to Delusions-Symptoms-States Inventory (DSSI) of Bedford and Foulds (1976).

Results: While children born with severe disabilities were more likely to have mothers who experienced mental health impairment at the 21-years follow-up, the differences were not great. Although maternal mental health declines over the period of time from child birth to adulthood, mothers giving birth to a child with a serious disability appeared to be unaffected by this experience.

Conclusion: While having a child with a disability constitutes a stressor, which may have long-term mental health consequences for the mother, many children turn out to be not as impaired as was originally anticipated. Further many mothers appear to develop effective strategies for managing children with disabilities.

OC3-3 The Impact of Children with Mental Health or Behavior Problems on the Mental Health of Their Mothers

Jake Najman1, Mohammad R. Hayatbakhsh1, Alexandra Clavarino2, William Bor3, Michael J. O’Callaghan4, Gail M. Williams1
1QADREC, School of Population Health, The University of Queensland, Australia
2School of Pharmacy, The University of Queensland, Australia
3School of Medicine, The University of Queensland, Australia

Objective: While there has been a great deal of interest in the extent to which maternal characteristics impact on children, relatively little is known about the possible impact of children on the health of their mothers. Many children exhibit behavior problems, even from a young age, and others have attention problems or experience symptoms of anxiety and depression. Some children begin smoking and initiate alcohol consumption at a young age. This paper examines the impact of early childhood/adolescent mental health and behavior problems on the mother.

Methods: The Mater-University of Queensland Study of Pregnancy (MUSP) and its
The 11th Congress of the ASEAN Federation for Psychiatry and Mental Health (AFPMH)

and

The Annual Meeting of the South Asian Forum on Mental Health and Psychiatry