ICEPL 2018

2018 International Conference on Education, Psychology, and Learning
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Conference Program
Nagoya Congress Center, Nagoya, Japan
April 6-8, 2018

Conference Organizers
International Business Academics Consortium

Proceedings of 2018 International Conference on Education, Psychology, and Learning
ISSN 2413-1156, Vol. 4, No. 1, April 2018
Published by International Business Academics Consortium (iBAC), Taipei, Taiwan
Conference Sponsors

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Welcome to the 2018 International Conference on Education, Psychology, and Learning (ICEPL 2018) held in Nagoya, Japan. I would like to take this opportunity to express my heartfelt thanks to all the authors, session chairs, reviewers and participants for their contribution to ICEPL 2018. Besides the regular paper presentation sessions of the joint conference, the organizer also design many different activities, such as local tour, poster sessions and distinguished paper presentation. I really hope you like these events. Of course, the active assistance all participants and participation, as already demonstrated, has greatly contributed to the success of this conference. I thank you for this, and wish you a nice and enjoyable stay during this three-day event.

Sincerely yours,
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# Table of Contents

Three Tiers of Academic Prevention on Compensation Instruction in Junior High School Response to Intervention from General to Special Education  
Chung Ho-Tsun ................................................................. 1

In a dilemma between a change-agent and a relationship-builder - An Understanding of Hong Kong Vice-principals role tension from the Psychological Capital Perspective  
Paula Kwan, Yuet-Man Benjamin Li ............................................. 3

A Study on the School-Community Relationship and the Principal’s Innovation Management  
Shan-Hua Chen ........................................................................... 5

Formative Assessment Practices Using E-Book in Special Schools  
Zi Yan, Wu Yuan Guo ................................................................. 6

The Construction of Integrated Curriculum for Two-Year Bachelor Nursing Program  
Yu Hsin Wang ........................................................................ 7

Conceptualizing Middle Leadership in Early Childhood Education  
Dora Ho .................................................................................. 8

Interactive Virtual Reality for Learning Shoulder Mobilization Using Data Glove System  
Wijittra Prasatkaew, Siwat Suksri .................................................. 9

Promoting Puberty’s Awareness of Pregnancy and Birth-Controls Through an Educational Board Game  
Nantida Butsarakam, Pratchayapong Yasri ..................................... 14

The SAP Model: An Observational Approach for Nursing Students Participating in High Fidelity Simulation  
Nantakarn Maneejak, Pratchayapong Yasri ................................... 21

Bunchems to Increase Fine Motor Skill of Child with Mental Retardation and Global Developmental Delay  
Claudyia Stephany Souisa, Ajeng Ayu Widiastuti ............................... 22

Teaching Epidemic Policy-Making to Novice Researchers  
Chung-Yuan Huang .................................................................. 29

Approaches for Implementing Stem (Science, Technology, Engineering & Mathematics) Activities Among Middle School Students  
Nidawan Changtong, Pratchayapong Yasri ...................................... 30
Web-Based Radar Chart System of Tokiwa Competencies in Eduinformatics
Kunihiko Takamatsu, Yasuhiro Kozaki, Katsuhiko Murakami, Eriko Matsumoto, Miyako Bohgaki
31

Ensuring Equal Evaluation Among Teachers in First-Year Education Courses Through Rubrics: A Multiple Comparison Analysis
Yasu Nakata, Yasuhiro Kozaki, Kenichiro Mitsunari, Takafumi Kirimura, Kunihiko Takamatsu 41

Study on Interdependence Relationship of Nursing Students in Gerontological Nursing; Assessment and Skills: Using the Belief in Cooperation Scale
Mikiko Arita, Kunihiko Takamatsu, Aoi Kishida, Katsuhiko Murakami, Yasuo Nakata 49

Heart Failure Patients with More Anxiety Had More Total Energy, Protein, and Fat Dietary Intake
Tsuey-Yuan Huang……………………………………………………………………………………………………59

The Effect of School Bully Victimization on Self-Esteem Among Korean Multicultural Adolescents: The Mediating Effect of Ethnic Identity
Hijae Jung, Yujin Lee, Yoonsun Han …………………………………………………………………………………61

Growing Old with You: Experiences of Selected Filipino Caregiver-Spouses of Alzheimer’s Disease Patients
Candice Alethea Virtucio, Maria Veronica Manlulu, Rheinela Enjearl De Lara, Krisel Leanne Laguisma……………………………………………………………………………………………………62

Design and Implementation of Intervention for Increasing Elderly's Psychological Well-Being: A Case Study on Surabaya Setting
Marselius Sampe Tondok, Jatie K. Pudjibudojo……………………………………………………………………97

The Differential Effects of Video Games on Cognition in Older Adults.
Nor Shuhada Mansor, Chin-Moi Chow, Mark Halaki …………………………………………………………………111

Self-Determination Theory: A Psychological Framework for Learning
Ariya Suriyabutr, Pratchayapong Yasri……………………………………………………………………………………112

An Educational Board Game for Learning Plant Internal Transport and Mineral Nutrients
Nawasiri Sirironnarong, Pratchayapong Yasri………………………………………………………………………………117

Assessing Network Management Needs of Teacher Networks for Enhancing 21st Century Teacher Competencies
Varaporn Yamtim, Sukanyarat Khong-Ngam, Sasithorn Kiewkor, Amornrat Soisangwan, Wissanu Sapsombat……………………………………………………………………………………………………121

Development of Online Learning Environment Model Based on Theory of Planned Behavior to Enhance Learner Self-Efficacy
Chattavut Peechapol, Siridej Sujiva, Arthorn Luangsodsai, Jaitip Na-Songkhla …………………….135
Design and Implementation of Intervention for Increasing Elderly’s Psychological Well-Being: A Case Study on Surabaya Setting

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ABSTRACT
Biopsychosocial changes have determined the psychological well-being (PWB) of the elderly. Interventions based on empirical findings were needed for increasing the elderly’s PWB. This research had three objectives, namely: 1) to identify the elderly’s biopsychological needs that determined their PWB; 2) to design an intervention model based on the Riff’s six dimensions of PWB; and 3) to implement a community-based intervention model for increasing the elderly’s PWB. This research was conducted in three years by using participatory action research design on three selected elderly communities in Surabaya City. Data obtained by means of observations, questionnaires as well as interviews. The data were analyzed descriptively in order to answer those research objectives. The previous results as the identification of the elderly’s needs became input for designing a set of intervention modules based on the six dimensions of PWB that were autonomy, environmental mastery, personal growth, purpose in life, relations with others, and self-acceptance. The results showed that the community-based interventions were perceived to improve the elderlys PWB. Futhermore, community characteristics must be considered in designing community-based intervention for increasing the elderly’s PWB.

Keywords: biopsychosocial changes, elderly, community based-intervention, psychological well-being (PWB).

INTRODUCTION
Nowadays Indonesia is the fifth largest country in the world with the biggest numbers elderly population (60 years and over). The Indonesian Population Census in 2010 shows that in Indonesia there are 18.1 million elderly or 7.6 of the total population. By 2025 the number of elderly in Indonesia will increase to reach 36 million people. Data in 2011 showed that Surabaya as the second largest city after Jakarta had 276,346 elders or 9.1% from the city’s total population. The increasing number of elderly has encouraged the Surabaya City Government to improve services to elderly groups by establishing "Karang Werdha" (community of elders) that spread across districts and villages in the city. In 2014, the city of Surabaya has become one of the friendly cities for the elderly in Indonesia.

Older persons have biological or physical, psychological, and social-emotional states that different with younger adults (Wandera, Kwagala & Ntozi, 2015; Zammit et al, 2012). Concerning the aging process, Ericson (1963 in Pudjibudojo, 2008) through the theory of psychosocial stated that the success of the individual in his old age (achieving well-being) is mostly dependent on the individual’s way in resolving conflicts, either personal such as anxiety and loneliness or social relations with other. Each person’s happiness is influenced by the relative happiness 3A, or three A's of happiness, namely: acceptance, affection, and achievement. The concept of happiness in psychology known as the psychological well-being (PWB). It’s means that happiness is related to the quality of life, life satisfaction, and well-being of the ideal life both physical and psychological. Therefore, biopsychosocial changes in the elderly impacted the elderly’s PWB that have six dimensions that are self-acceptance, positive relations with others, autonomy, environmental mastery, purpose