



# 4<sup>TH</sup> INTERNATIONAL CONFERENCE ON **PUBLIC HEALTH**

## **2018**

“ Promoting Quality and Safety  
in Health Care towards Healthy Communities ”

**19 - 21 JULY 2018 | BANGKOK, THAILAND**

## **BOOK OF ABSTRACTS**

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**Book of Abstracts**  
**4<sup>th</sup> International Conference on Public Health**  
**(ICOPH 2018)**

19<sup>th</sup> – 21<sup>st</sup> July, 2018

Bangkok, Thailand

Committee of the ICOPH - 2018

The International Institute of Knowledge Management (TIKM)

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Book of Abstracts of the 4<sup>th</sup> International Conference on Public Health (ICOPH 2018)

Edited by Prof. Dr. Hematram Yadav and Prof. Dr. Rusli Bin Nordin

ISBN 978-955-3605-05-4

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Published by The International Institute of Knowledge Management (TIIKM), No: 531/18, Kotte Road, Pitakotte, 10100, Sri Lanka

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## MESSAGE FROM THE HOSTING PARTNER ICOPH 2018



Thank you for allowing me to say a few words in this 4<sup>th</sup> International Conference on Public Health (ICOPH) 2018. Firstly, I must congratulate TIIKM and its collaborators for organising this conference and I understand that this conference is focusing on quality of health care. Quality is a real problem not only in health care but in all sectors of the industry including Universities. Quality as we know is the end-point of everything we do and it is setting standards at all level of the organization and making sure that the standards are met. Therefore many factors impact on quality. To improve quality of health care, it is not only the consumers and the providers who need to be addressed but also the availability of resources that affect quality of care in health care. Therefore in improving quality and safety of the health care we improve the practice, innovate new ideas, improve assess in health care, readjust our processes, and improve practice of health care. For us to improve quality we need to feel a sense of urgency, we need to be tireless and keep up the pressure. From what we implement not everything works so we need to learn what works, so that we can draw maps to help others.

I understand that the main purpose in this conference is to discuss and debate all the best ideas we can muster to improve quality and safety in health care in our work place, because it is simply not acceptable that millions of people globally are injured, and tens of thousands die every year, from medical errors that don't need to occur. Globally the public today knows much more about quality and safety in health care and their expectations are high. The public is looking for dramatic reductions in medical errors. They expect health information technologies to help in reducing errors. In many areas of the world mobile technology is

transforming health care. It can help a lone health worker in the most remote and isolated village to get up to date training and provide high quality care and it can also help connect health worker to obtain latest information that can save lives. For instance in Liberia during the Ebola outbreak the Ministry of Health sent critical information to health workers' through mobile phones to all parts of the country and similarly the health workers used to send time-sensitive information to ministry officials and to one another. In future this type technology will help other countries combating outbreaks and prepare them for future health threats as well.

I understand that there are over 30 countries being represented in the conference with about 700 abstracts and posters. I wish to congratulate the organizing committee making this conference happen and I am proud that MAHSA University is part of this endeavor. I understand that MAHSA University students and staff are actively involved in presenting papers in the conference. I wish all the participants and staff all the best and I am sure you all will deliberate and make the best use of the time in this conference

Thank you,

**Prof. Tan Sri Datuk Dr. Hj. Mohaméd Haniffa bin Hj. Abdullah,**  
Pro-Chancellor and Executive Chairman,  
MAHSA University,  
Kuala Lumpur,  
Malaysia.

## MESSAGE FROM THE CONFERENCE CO-CHAIR ICOPH 2018



It gives me great pleasure to welcome all of you to this 4<sup>th</sup> International Conference on Public Health (ICOPH 2018) in Bangkok, Thailand. As you all know the theme of this conference is ‘Promoting Quality and Safety in Health Care towards Health Communities’ and this is very timely as we are facing quality problems in health care globally. Although globally public health is no longer dominated by infectious diseases but dominated by non-communicable diseases such as chronic diseases (heart disease, diabetes, cancer, and mental-health condition), but infectious diseases do still play an important role and pose challenges to global health security. It is therefore imperative that quality of health care play an important role in the prevention of these diseases.

Quality healthcare is defined as providing effective and efficient healthcare services according to the current clinical guidelines and standards, which meets the patient's needs. It is important and urgent that we implement the principles of quality assurance in all areas of health care including Public Health. The health care provided must not only be efficient and effective but it must also be evidence based. Measurement and assessment of quality are equally important and the two most important methods to assess quality are cost effective and cost efficient. Although many of the basic tools of quality are available, we seldom apply these in our work place to assess programmes to see whether they are effective or not. I hope that this conference will provide you a platform for understanding the concept of quality and that you will be able to apply these concepts when you return.

This year we have received more than 700 abstracts for the conference and we are happy of the tremendous response and support we have received. I am particularly happy that we have participants who have been regularly attending the last few conference and I would like to thank them for their support. I am sure that you all will deliberate and discuss some of the important issues in the next few days and will not only network and take home new ideas but will also implement some of these ideas when return. Finally let me take this opportunity to thank all the plenary speakers and members of the organising committee for the excellent preparations and arrangements for this conference and most importantly you the participants who have made this conference happen. I would like to thank all the academic partners, all universities and collaborators particular the Ministry of Health, Thailand for providing the support for this conference. Hope you will have good time the next few days but don't forget to enjoy the beauty of Thailand while you are here.

Thank you and regards,

**Prof. Dr. Hematram Yadav,**  
Co-Chairman Organising Committee,  
Department of Community Medicine,  
MAHSA University,  
Kuala Lumpur,  
Malaysia.

## MESSAGE FROM THE CONFERENCE CO-CHAIR ICOPH 2018



Welcome to the 4<sup>th</sup> International Conference on Public Health (ICOPH 2018) with the theme: **Promoting Quality and Safety in Health Care towards Healthy Communities**. On behalf of the Organizing Committee, Prof. Hematram Yadav and I would like to warmly welcome you to Bangkok, Thailand with the Thai's customary welcoming address of *Sawasdee!* We would like to thank everyone for making your time and effort to attend this international conference. In particular, to the event organizer, TIIKM (The International Institute of Knowledge Management), under the able stewardship of Mr Isanka P. Gamage, co-founder and managing director, and his elite group of highly talented, motivated, and dedicated young entrepreneurs; scientific committee members who have voluntarily supported the arduous task of reviewing abstracts for the conference; hosting partner (MAHSA University); academic partners (Faculty of Medical Sciences, University of Sri Jayewardenepura, Sri Lanka; University of Muhammadiyah Malang, Indonesia; Sikkim Manipal University, India; North South University, Bangladesh); strategic partners [The 16<sup>th</sup> World Congress of the European Association for Palliative Care (EAPC 2019); International Conference on Community Nursing and Public Health 2018]; Tour & Accommodation Partner (GLOBEENJOY); Event partner (Blue Arc); and ALL keynote and plenary speakers, sessions chairs, delegates and accompanying persons, including virtual presenters. Thank you all for supporting ICOPH 2018!

**The quality and safety of healthcare** is one of the most important factors in health and it has become one of the global health priorities to ensure healthy lives and promote well-being for

all. This global commitment is contained in the Third Sustainable Development Goal of the World Health Organization (SDG3: Ensure healthy lives and promote well-being for all at all ages). Quality improvement is meant for enhancing safety, effectiveness, and efficiency of health care which can be achieved through various quality methods. The quality of healthcare is applicable for all levels of health care including health education system and advanced technologies. ICOPH 2018 creates a great platform to discuss current landscape and next steps for improving quality of health care. The conference will bring together leading academicians, medical students, clinicians, public health professionals, health care specialists, health care workers, health economists, researchers, scientists, health workers, policy makers, social workers and other related professionals. ICOPH 2018 is a global gathering with renowned speakers, presentations, panel discussions, round table discussions, and valuable networking opportunities.

The organizers have prepared an impressive list of 16 conference tracks, publication and conference chair workshop, round table discussion, students' session and gathering, and exhibition, as well as opportunities to publish selected full papers in high quality international, peer-reviewed journals. Four award categories have been created to honour the best presentations: best presentation award, best student presentation award, sessions' best award, and best poster presentation award. Two eminent keynote speakers will deliver state-of-the art lecture on the following: Dengue infections and Childhood Obesity: Battling Epidemics that know no Boundaries (**Prof. John P. Elder**, Distinguished Professor and Division Head, Division of Health Promotion and Behavioral Science, San Diego State University, United States), and Reducing the Global Burden of Cardiovascular Disease: A Model for Sustainable Cardiac Care Development in Developing Countries (**Prof. Ernest Madu**, Founder of the Heart Institute of the Caribbean ), and a special guest speaker from Thailand, **Dr. Chaiporn Promsingh**, Medical Officer on Health Promotion, Advisory Level, Office of Senior Advisor Committee, Department of Health, Ministry of Public Health, Thailand. Eight plenary speakers have agreed to share their experiences in this conference: **Prof. Dr. Forhad Akhtar Zaman** ( Global Burden of Tuberculosis & Drug Resistant TB ), **Dr. Nasrin Banu Laskar** (Clean India Mission ), **Dr. Raghbir Ali** (Cardiovascular Disease), **Dr. Keith Buckley** (Evaluating the Right to Affordable Healthcare), **Prof. Dr. Pei Lin Lua** (Community Health Education Empowerment Via e-Health Innovations), **Prof. Steven L. West** (Routine Dental Exams of Persons with Disabilities in the U.S.), **Assoc. Prof. M. Nasir**

**Uddin** (Molecular pathogenesis of preeclampsia and its potential therapeutics) and **Dr. J. Paulo Moreira** (Financing Health and Wellness Tourism Projects: Success Factors).

The conference will be an excellent opportunity to network and discuss current issues in public health across the globe, with the scope aligned towards the understanding and realization of the World Health Organization's Third Sustainable Development Goal (SDG3). Following from ICOPH 2017 in Kuala Lumpur, we will need to discuss the following issues and practical solutions: What will be the barriers each country would face when achieving these targets in 2030's? How to overcome those barriers? What are the measures that can be taken? The role of Governments and Industries, and how scientific research can support the achievement of the targets in 2030's.

Finally, as agreed during the round table discussions in ICOPH 2017, we need to re-appraise the following Health Targets for SDG3:

- By 2030, reduce the global maternal mortality ratio to less than 70 per 100 000 live births.
- By 2030, end preventable deaths of newborns and children under 5 years of age, with all countries aiming to reduce neonatal mortality to at least as low as 12 per 1000 live births and under-5 mortality to at least as low as 25 per 1000 live births.
- By 2030, end the epidemics of AIDS, tuberculosis, malaria and neglected tropical diseases and combat hepatitis, water-borne diseases and other communicable diseases.
- By 2030, reduce by one third premature mortality from non-communicable diseases through prevention and treatment and promote mental health and well-being.
- Strengthen the prevention and treatment of substance abuse, including narcotic drug abuse and harmful use of alcohol.
- By 2030 halve the number of global deaths and injuries from road traffic accidents.
- By 2030, ensure universal access to sexual and reproductive health-care services, including for family planning, information and education, and the integration of reproductive health into national strategies and programmes
- Achieve universal health coverage, including financial risk protection, access to quality essential health-care services and access to safe, effective, quality and affordable essential medicines and vaccines for all.
- By 2030, substantially reduce the number of deaths and illnesses from hazardous chemicals and air, water and soil pollution and contamination.



- Strengthen the implementation of the WHO Framework Convention on Tobacco Control in all countries, as appropriate.
- Support the research and development of vaccines and medicines for the communicable and noncommunicable diseases that primarily affect developing countries, provide access to affordable essential medicines and vaccines, in accordance with the Doha Declaration on the TRIPS Agreement and Public Health, which affirms the right of developing countries to use to the full the provisions in the Agreement on Trade-Related Aspects of Intellectual Property Rights regarding flexibilities to protect public health, and, in particular, provide access to medicines for all.
- Substantially increase health financing and the recruitment, development, training and retention of the health workforce in developing countries, especially in least developed countries and Small Island developing States.
- Strengthen the capacity of all countries, in particular developing countries, for early warning, risk reduction and management of national and global health risks.

The road to success is not easy. But together and inclusively, we can be part of this global effort to address many of the health targets for the SDG3. This international conference is, therefore, an earnest effort to realize our dream of promoting quality and safety in healthcare towards healthy communities.

Finally, please enjoy our networking dinner and cultural show and the many exciting and fascinating tourist destinations in and around Bangkok and Thailand in general.

Thank you very much (*Khob Khun Mark*)!



**Prof. Dr. Rusli Bin Nordin**  
Co-Chair,  
Monash University,  
Malaysia.

### KEYNOTE SPEECH

Dengue infections and childhood obesity: Battling epidemics that know no boundaries. 03

*John P. Elder*

### PLENARY SPEECHES

Evaluating the Right to Affordable Healthcare 07

*K. Buckley*

Routine Dental Exams of Persons with Disabilities in the US 08

*S.L. West*

### ORAL PRESENTATIONS

#### OCCUPATIONAL AND ENVIRONMENTAL HEALTH (A)

A1 01 The Quality of Household Environment as the Risk Factor of Tuberculosis and Type 2 Diabetes Mellitus Coincidence in Surabaya, Indonesia 11

*M.A. Isfandiari and B.A. Saputra*

A2 02 Spatial Effect of Drinking Water Refill Depots toward Diarrhea in Pagatan Kec. Kusan Hilir, Tanah Bumbu District, South Kalimantan 12

*D. Andiarsa, D.E. Setyaningtyas, S. Hidayat, I. Setianingsih, Hamsyah and E. Haryati*

A3	03	Climate Change Implications on Incidence of Vector Borne Diseases in Bangladesh	13
		<i>M.A. Islam</i>	
A4	04	Prevalence of Low Back Pain among Cargo Handlers at a Malaysian International Airport	14
		<i>A.M. Qureshi, R.B. Nordin and K.G. Rampal</i>	

## MATERNAL HEALTH (B)

B1	05	Assessment of Knowledge on Newborn Care Practices among Postnatal Mothers in Dhaka, Bangladesh	15
		<i>S. Ahmed, Z.N. Monia, S. Majumder and S.U. Bhuiyan</i>	
B2	06	Factor Associated with Utilization of Modern Family Planning Methods among Married Women of THARU Community of Modhuban Municipality in Bardiya District of Nepal	16
		<i>A. Chaudhari and K. Leena</i>	
B3	07	Early Detection of Anemia in Women Preconception in Working Areas of Puskesmas Sidemen District Karangasem Bali Province	17
		<i>L. Seri-Ani, I.W.A. Utami, W. Weta, I.G.A.S. Darmayani and K. Suwiyoga</i>	
B4	08	Associated Factors of Preterm Birth at a Tertiary Hospital in Kelantan, Malaysia	18
		<i>N.H. Damanhuri</i>	
B5	09	Breastfeeding Practice among Working Mothers and Service Provision Gap at Readymade Garment Factories in Bangladesh	19
		<i>M.L. Khan</i>	
B6	10	Inequality Trends of Antenatal Care among Women in Indonesia 2002-2012	20
		<i>A. Rizkianti and T. Afifah</i>	
B7	11	Maternal Education, Antenatal Care and Infant Mortality in Assam	21
		<i>H. Dipanjali</i>	

B8	12	Exploring the Nexus between Intimate Partner Violence, Sense of Coherence and Antiretroviral Adherence	22
		<i>L. Phiri</i>	
B9	13	Voices of the Stakeholder on Misoprostol Distribution for Prevention of Postpartum Haemorrhage by Auxiliary Midwives in Chin State, Myanmar	23
		<i>K.K. Than, K.N. Tin, T. La and H.M.T. Einda</i>	
B10	14	Comorbidity Identification in Pregnant Women	24
		<i>Sulastri, N. Mufidah, S. Rahmawati, E. Dewi and I.H. Rohmatulloh</i>	
B11	15	Women's Menopausal Experiences: A Qualitative Study among Women in Sri Lanka	25
		<i>I.M.P.S. Ilankoon, C. Elgán and K. Samarasinghe</i>	
B12	16	Disparities in HPV Vaccination Uptake among Women with Disabilities in the US	26
		<i>S.L. West</i>	
B13	17	Distress among Women with Abnormal Pap Smear and Post Colposcopy in East Coast of Malaysia	27
		<i>M. Mardiana and M.Z. Afiqah</i>	
B14	18	Husband Support during Menopausal Phases: Exploring the Women's Voices	28
		<i>H.I. Idiana, N.H.N. Hazlina, S. Zaharah, A.K. Azidah and M.N.M. Zarawi</i>	
B15	19	Kangaroo Mother Care: Key Intervention to Reduce Neonatal Morbidity and Mortality at PPHI Sindh	29
		<i>G.M. Haelpota, S.B. Boghani and Z.D. Dahar</i>	
B16	20	Hyperthyroidism Prevalences in Women of Reproductive Age	30
		<i>M. Mutalazimah, I. Herawati, S. Asyanti and D.L. Suswardany</i>	
B17	21	Vitamin D Status in the First Trimester of Pregnancy in West Sumatra, Indonesia: A Cross-Sectional Study	31
		<i>A.S. Aji, Yusrawati, S.G. Malik and N.I. Lipoeto</i>	

B18	22	Filipino Women's Awareness and Beliefs on Cervical Cancer and Papanicolaou Test	32
		<i>J.B. Tagarino</i>	

### HEALTH SERVICES MANAGEMENT (C)

C1	23	How Hospital Tengku Ampuan Rahimah Klang (HTAR) Manage Case of MERS-CoV	33
		<i>S. Nithiya</i>	
C2	24	Clinico-Demographic Profile of Pulmonary Tuberculosis Patients Seen at the Outpatient Department Family Medicine Clinic from March 2014 to March 2015	34
		<i>A.C. Lacambra-Agner</i>	
C3	25	"Doctors Ready to be Posted are Jobless on the Street..." The Deployment Process and Shortage of Doctors in Tanzania	35
		<i>N. Sirili, F. Gasto, A. Kiwara, M. Mwangu, I. Goicolea and Anna-Karin Hurtig</i>	
C4	26	Individual, Organizational, and Technological Factors that Affect Knowledge Sharing Practices among Multidisciplinary Health Professionals: Lessons from Public Healthcare Centers in Indonesia	36
		<i>G. Imaduddin, Ryan Walter, Samantha Hollingworth</i>	
C5	27	The Pattern of Utilization of Telemedicine in Dhaka City	37
		<i>M.T. Hasan, M.D.H. Hawlader, F. Zaman, S. Das, K. Jakaria, N.M.I. Hossain, N. Akter, B.H. Angona, R.A. Masud and S.R. Mashreky</i>	
C6	28	Training Programs for Community Health Workers: A Scoping Review	38
		<i>Y. Chin and J.H. Jordaan</i>	
C7	29	Prevalence and Characteristics of Traditional Complementary and Alternative Health Care Use in Indonesia: A Nationally Representative Sample of 290,000 Adults	39
		<i>D.L. Suswardany, V. Yulian and K. Haryadi</i>	

C8	30	Efficiency of New Visual Biofeed Back Device – Synchronized Breathing Trainer – For Training Breathing Control	40
		<i>D. Kotoky and G.D.V. Vardhan</i>	
C9	31	The Effect of Wet Cupping Therapy on Fasting Blood Sugar, Renal Function Parameters, and Endothelial Function: A Single-Arm Intervention Study	41
		<i>N.R.N. Husain, S.M. Hairon, R.M. Zain, M. Bakar, T.G. Bee and M.S. Ismail</i>	
C10	32	Are the Hospital Setting Safe from Legionellosis in Klang Valley	42
		<i>S.W. Tham, W. Noraini and A. Firdaus</i>	
C11	33	Facility Delivery is the Imperative Factor for Receiving PNC: Insights from 2014 Bangladesh Demographic and Health Survey	43
		<i>S. Tisha, S.M.R. Haque and O. Rahman</i>	
C12	34	General Health Status in Rural Bangladesh: Assessing the Need and Feasibility of a Subjective Health Measurement Tool	44
		<i>S.M.R. Haque, S. Tisha, M. Alam and O. Rahman</i>	
C13	35	Completeness of Maternal Health Referral Forms at the District Level	45
		<i>M. Amoakoh-Coleman, K. Klipstein-Grobusch, E.K. Ansah and D.K. Arhinful</i>	
C14	36	Palatal Rugae and Lip Print Pattern Study as the Alternative Method of Mass Nature Disaster Victim Identification	46
		<i>N. Kasuma, F.N. Fajrin, D. Elianora, A. Fitriana and F. Haria</i>	
C15	37	Semen Analysis Parameters: Insight into Male Infertility in a Tertiary Care Hospital	47
		<i>N. Mahboob, M. Ahmed and K. Leena</i>	
C16	38	HIV Care Continuum in Southwest Ethiopia— Facilitators, Barriers and Solutions: A Qualitative Inquiry Followed by a Nominal Group Technique	48
		<i>H. Gesesew, P. Ward, K. WoldemicaHEL and L. Mwanri</i>	
C17	39	Parental Trust in Childhood Vaccinations: Risk, Responsibility and Alternative Rationalities	49
		<i>P.R. Ward</i>	

C18	40	Cultivating Health Service Delivery of Ethiopia's Primary Health Care through Leadership, Management and Governance (LMG)	50
		<i>M.S. Abdulkader</i>	
C19	41	Predictors of and Barriers Associated with Health Services Utilization among Persons with Disability	51
		<i>B.J.N. Pedron</i>	
C20	42	The Utilization and Correlates of Basic Public Health Service among Young Migrants in China	52
		<i>Q. Yan and L. Tong</i>	
C21	43	The Doctors' Challenge in Disruption Era	53
		<i>T.A. Sugiyatmi and D. Chalidyanto</i>	
C22	44	Determinants of Household Catastrophic Health Expenditure: A Global Perspective for Universal Health Coverage	54
		<i>M. Azzani, A.C. Roslani and T.T. Su</i>	
C23	45	Role of a Multimodal Intervention in Improving Hand Hygiene Compliance for Safe Health Care Management: Evidence from Resource Poor Settings	55
		<i>L. Ara, M.E.H. Tamal, N.K.A. Siddiquee, S.M.N. Mowla, M.S.A. Sarker and M.N.H. Alam</i>	
C24	46	Improved Performance at District Health Systems through Implementing Health Center Clinical and Administrative Standards: A Case of Transform Primary Health Care in Ethiopia	56
		<i>M.D. Argaw, B.F. Desta and T. Ayehu</i>	
C25	47	Disrespectful Maternity Care Experiences Negatively Influence Future Intention to Use Institutional Delivery in Northern Ethiopia	57
		<i>M.W. Gebremichael, Y. Berhane, A. Worku and A.A. Medhanyie</i>	
C26	48	HEPINAR (HELM PINTAR) "Smart Helmet": An Innovation of Safety Helmet Use Electroencephalogram Sensor and Electrocardiogram Sensor Based Fuzzy Logic to Resolve Accident Caused Sleepy and Reducing the Speed Motor Vehicles	58
		<i>K. Priambodo, M. Fanani and I. Sulaiman</i>	

## CHILD HEALTH (D)

- D1 49 Factors Motivating Village Doctors to Refer Sick Children in Public Health Facilities in Bangladesh 59  
*G. Mothabbir, F. Fatema, S. Jahan and K. Leena*
- D2 50 Trends and Determinants of Overweight and Obesity among Reproductive Age Women in Bangladesh: Evidence from 20 Years of National Health Surveys 60  
*S.S. Yusuf and S. Alam*
- D3 51 The Association between Number of Children and Neonatal Mortality: An Analysis of the 2007 Indonesian Demographic and Health Survey 61  
*A.C. Wijayanti and Yovsyah*
- D4 52 Effects of Poor Protein Intake and In-House Over-Crowding on Childhood Tuberculosis in a Low-Income Bangladeshi Rural Community: A Case-Control Study 62  
*A. Hossain*
- D5 53 Does Private Sector Contributes in Increasing Caesarean Deliveries in India? 63  
*D.W. Bansod*
- D6 54 Factors Influencing the Practice of Child Marriage among Girls in the Urban Slums of Bangladesh: A Cross Sectional Study 64  
*S.C. Biswas, T. Hasan, S.S. Mowri, H.H. Sara and S.F. Rashid*
- D7 55 Vaccine Hesitancy among Parents in Malaysia: A Single Centre Review 65  
*A.F. Musa, T. Soni and R. Nordin*
- D8 56 The Preferences of Indonesian Fathers for Involvement in the Birth of Their First Child: A Qualitative Exploration 66  
*W.N. Ambarwati and F.B. Rahayuningsih*
- D9 57 Increasing Identification of Low Birth Weight babies in High Priority Districts of Uttar Pradesh, India 67  
*N. Singhal, J. Pathak, D. Chintada and J. Anthony*



D10	58 Neonatal Thyroid Stimulating Hormone Level and Its Association with Birth Weight Status	68
	<i>A.R. Yono, M.M. Pasaribu, N. Yanti, L. Anandari, D.N. Kosen and I.S. Timan</i>	
D11	59 Comparison of Neonatal Thyroid Stimulating Hormone Reference Value in Indonesia According to Age and Gender Differences	69
	<i>M.T. Ramadhan, M.M. Pasaribu, N. Yanti, L. Anandari, D.N. Kosen and I.S. Timan</i>	

### NON COMMUNICABLE DISEASES (E)

E1	60 Established and Unestablished Cancer Risk Factors: Perceptions of The French General Population, Results of a National Survey	70
	<i>J. Foucaud, M. Soler, C. Bauquier, M. Pannard and M. Préau</i>	
E2	61 Research on Chronic and Rare Disease Patient Care Model and Its Prevalence in the Society along with the Impact of Patient Health While Giving Care at Home	71
	<i>R. Arshad</i>	
E3	62 Differential Risk Factors for Mortality in Cancer and Non-Cancer Hospitalized Patients with Community-Associated <i>Clostridium difficile</i> Infection: A Retrospective Cohort Study	72
	<i>J. Ho, R.Z.W. Dai, L. Zhang, X.S. Wang, S.C. Ng, W.K.K. Wu and S.H. Wong</i>	
E4	63 Plasma Concentrations of Zonulin are Elevated in Obese Men with Fatty Liver Disease	73
	<i>Hae-Jin Ko</i>	
E5	64 Neurorestoration Using a Guide of the Intervention Description and Replication (TIDieR) on Functional Ability of Post Ischemic Stroke Patients	74
	<i>U.B. Rahayu, S. Wibowo and I. Setyopranoto</i>	
E6	65 Quality of Life of People with Cancer Treated with Specific Immunotherapy: Which Tools and Results in the Context of Disruptive Treatment? A Systematic Review	75

- E7      66    Does *Self Efficacy* to Engage Physical Activity and Sedentary Activity Relate to BMI in Diabetic Elderly?      76
- Q. Rachmah, S.W. Setyaningtyas, M.A. Rifqi, D. Indriani, T.S. Nindya, H. Megatsari, T. Mahmudiono and W. Kriengsinyos*

### **CARDIOVASCULAR DISEASE (CVD) (F)**

- F1      67    The Impact of Hospital Organization Factors and Family Support on Improving the Recovery of Cardiovascular Patient Based on HAPA (Health Action Process Approach)      77
- A.F.N. Azizah, S. Supriyanto and S. Martini*
- F2      68    Family Support and Quality of Life in Congestive Heart Failure Patient in Community      78
- D. Hudiawati, A.W. Jatmiko and E. Sulistyono*
- F3      69    Assessment of Cardiovascular Disease Risks (ST Segment Elevation/Depression Myocardial Ischemia) in Women Exposed to Biomass Fuels in Rural Village of Nepal      79
- R. Kawan*

### **DENTAL HEALTH (G)**

- G1      70    The Increasing of Dental and Oral Health Knowledge through Dental Educational Robotic Media towards The Students of Al-Baitul Amien and Bintoro 3 Primary School District Patrang Jember Regency      80
- F. Lailiyah, Sulistiyani, Kiswaluyo, E.Y.R. Widi and R. Budirahardjo*
- G2      71    The Clinical Pathway in the Oral and Maksillofacial Surgery's Services as a Quality Management Tool, in RSUD Dr. Soetomo Hospital, Surabaya, Indonesia      81
- N.D.S. Ismawati and S. Haksama*

G3	72	The Number of Missing Permanent Molar Teeth Based on Characteristics of Respondent on Lubuk Buaya Public Health Center	82
		<i>Murniwati, Susi, N. Kasuma and N. Rawinda</i>	

## ADOLESCENT, YOUNG ADULTS AND ELDERLY HEALTH (H)

H1	73	Double Burden of Malnutrition among Adolescent Students of East Sikkim	83
		<i>T. Dolkar, V.K. Mehta and J.T. Wangdi</i>	
H2	74	Adolescents' Perception and the Association of Level of Knowledge with Attitude in Javanese Culture	84
		<i>A. Muhlisin, A. Pratiwi and D. Windriawati</i>	
H3	75	Cinema in the Bus (CiBus): A Pilot Project to Increase Knowledge and Self-Efficacy among Adolescents Regarding Sexual and Reproductive Health	85
		<i>N.P.A. Harjana, N.Y.K. Surya and I.M.A. Wirawan</i>	
H4	76	Nourishing dreams: How Adolescents are Shaping Ideas for Their Own Future in Bangladesh?	86
		<i>Ahmed Nizam, Brownia Farzana, Islam Rafiqul, Leena Khadija, Salwa Zeena</i>	
H5	77	Quality of Life and Sexual Risk Behaviour among Adolescent	87
		<i>G. Vionalita</i>	
H6	78	Assessment of Depression in Geriatric Staying in a Geriatric Home Care in Klang, Malaysia	88
		<i>M. Qamar, N.Z. Afiqah, M.A. Hammad, F.A. Shaikh and S. Ahmad</i>	
H7	79	Subjective Economic Situation Is Strongly Associated with Low Back Pain among Older People in Japan: The JAGES Cross-Sectional Study	89
		<i>T. Ikeda, K. Sugiyama, J. Aida, T. Tsuboya, N. Watabiki, K. Kondo and K. Osaka</i>	

H8	80	Glycemic Control and Self-Efficacy in Physical Activity of Diabetes Elderly at Jagir Subdistrict, Surabaya, Indonesia	90
		<i>S.W. Setyaningtyas</i>	
H9	81	Comprehensive Physician Communication Patients	91
		<i>A. Toni</i>	

## NUTRITION (J)

J1	82	Contextual Determinants Influencing the Utilization of Nutritional Program among Adult Patients with HIV in Ethiopia: A Mixed Methods Study	92
		<i>F.H. Tesfay, S. Javanparast, A. Ziersch, L. Mwanri and A. Mulugeta</i>	
J2	83	Factor Associated with Severe Acute Malnutrition (SAM) among <5 Years of Children in Tharu Community of Kailali District, Nepal	93
		<i>R. Pokhrel, D.K. Mitra and K. Leena</i>	
J3	84	Is Serum Retinol a Misleading Biomarker for Assessment of Vitamin A Adequacy in pregnant Women?	94
		<i>M.S.K. Rabindrakumar, V.P. Wickramasinghe and T. Thoradeniya</i>	
J4	85	Women Counseling towards Mothers of Malnourished Children as Effective Way Promote Nutritional Conscious Families Program (Kadarzi) in Indonesia	95
		<i>A. Putri R, A. Dwi M and T. Mahmudiono</i>	
J5	86	Socioeconomic Differentials in Minimum Dietary Diversity among Young Children in Southeast Asia: Evidence from Demographic and Health Surveys	96
		<i>C.M. Harvey, M.L. Newell and S.S. Padmadas</i>	
J6	87	Relationship between Nutritional Status, Health Status, Food Consumption, and Lifestyle to Work Productivity of Cocoa Farmer	97
		<i>W. Yunieswati, S.A. Marliyati and B. Setiawan</i>	
J7	88	Neonatal Thyroid Stimulating Hormone Status Based on Maternal Adequate Iodized Salt Intake Status in Indonesia	98
		<i>R.A. Trianto , M.M. Pasaribu, N. Yanti, L. Anandañi, D.N. Kosen</i>	

*and I.S. Timan*

- J8 89 Breastfeeding Pattern Influences the Occurrence of Early Childhood Caries of Children under Five Years Old: A Study Case in Bukittinggi, Indonesia 99  
*Susi<sup>1</sup>, Murniwati, N. Kasuma, R. Khairani and Minarn*

### **SCHOOL AND STUDENT HEALTH (K)**

- K1 90 The Effect of Serum Cortisol, Systolic and Diastolic Blood Pressure, Heart Rate and Respiration Rate on Exam Anxiety among Nursing Students 100  
*F. Hamzah, K.C. Mat and V. Bhagat*
- K2 91 Contraception Supply Chain Challenges: A Review of Evidence from Low- And Middle-Income Countries 101  
*M. Bakali, M. Ali, M. Farron and V. Renee*
- K3 92 Health Expenditures Experienced by Pregnant Women in India: Evidence from National Data 102  
*S. Sriram*
- K4 93 Prevalence of Obesity among Taylor's University Medical Students 103  
*J.A. Andoy-Galvan*
- K5 94 Drinking Water and Toilet Facilities: Student's Perceptions and Barriers in Selected Schools of Dhaka, Bangladesh 104  
*G.S.M. Pritom*
- K6 95 Quality of Life of Local and International Medical Students at MAHSA University 105  
*Y.C. See, Y.Y. Ho, C. Govindaraja and K.K.M. Aung*
- K7 96 Barriers to the Successful Implementation of the Integrated School Health Programme in Durban Metropolises South Africa: Policy Makers and Stakeholders' Perspective 106

*N.B. Gwelo*

- K8 97 Assessing Parental Acceptance towards Using Digital Game as an Educational Tool 107  
*N. Saidin, S.H.Ab Hamid and R.A. Zaki*
- K9 98 Intellectual Capacity and Sexual Violence in Children Visiting Integrated Crisis Center of Ciptomangunkusumo Hospital, Indonesia 108  
*C.S. Cherry and K. Fransiska*

### HEALTH PROMOTION AND EDUCATION (L)

- L1 99 Undetected Diabetes in Relation to Hypertension and Anthropometry; A Movement towards Preventive India 109  
*B. Upreti*
- L2 100 Supporting Community through Health Education Using Jigsaw and Think-Pair-Share Methods 110  
*E. Dewi , F.B. Rahayuningsih , D.K.A. Putri, E. Yuniawati and S. Suwandi*
- L3 101 A Holistic Tradition of British Hygiene and Medicine, Reflected in E. W. Lane's Medical Theorisation of Hygiene 111  
*M. Bae*
- L4 102 To Evaluate the Role of Print Media in Gaining Traction and Promoting Community Engagement in Organ Donation by Regional Organ & Tissue Transplant Organization (ROTTO), Post Graduate Institute of Medical Education & Research (PGIMER), Chandigarh 112  
*A.K. Gupta, V. Koushal and S.D. Madra*
- L5 103 Building Local Partnerships to Impact Access to Health and Civic Amenities in Vulnerable Populations: A Community Intervention Study 113  
*S. Mehnaz, A.J. Abedi, S.F. Fazli, Z. Khan and M.A. Ansari*

L6	104	The Need of Spiral Learning in Biostatistic : Implications for Curriculum Design	114
		<i>G.S. Prihanti and M. Fauzan</i>	

### COMMUNICABLE DISEASES (M)

M1	105	The Role of Socio-Cultural and Environmental Risk Factors on the Incidence of Tuberculosis Infection	115
		<i>F.A Siregar and T. Makmur</i>	
M2	106	Validation of Questionnaires on Leptospirosis Knowledge, Attitude and Practice among Urban and Rural Communities in Malaysia	116
		<i>W.M. Zahiruddin, W.N. Arifin, S. Mohd-Nazri, S. Sukeri, R.A. Hamat, I. Zawaha, R.A. Bakar, O. Malina, T.Z.M.T. Jamaludin, A. Pathman, A.R. Mas-Harithulfadhli-Agus, I. Norazlin, B.S. Suhailah, S.N.S. Saudi, N.M. Abdullah, N. Nozmi, A.W. Zainuddin and D. Aziah</i>	
M3	107	Acceptance of Seasonal Influenza Vaccination among Nurses in a Hong Kong Public Hospital with Health Belief Model	117
		<i>L. Shuk-Hang and D. Chao</i>	
M4	108	The Negative Value of Some Socio-cultural Traits Affecting Transmission and Development of Pulmonary Tuberculosis Among OPD Clients at the Eastern Visayas Regional Medical Center (EVRMC) , Tacloban City, Leyte , Philippines	118
		<i>I.P. Balonga</i>	
M5	109	Association between Household Socioeconomic and Ecological Factors and Aedes Mosquito Abundance in Dhaka, Bangladesh	119
		<i>K. Bashar, K. Leena and G.U. Ahsan</i>	
M6	110	Knowledge, Attitude and Preventive Practices on Leptospirosis among Rural Communities in Selangor, Malaysia	120
		<i>N. Noramira, S. Suhailah, S. Surianti, S.M. Nazri, W.M. Zahiruddin, I. Zawaha, W.M.W.N. Arifin, I. Norazlin, S.S.N. Sakinah, A.N.Munirah, A.W. Zainudin, T.J.T.Z. Maztura, A.R. Hejar, M.S. Norbaya, B.D. Aziah, O. Malina and A.H.Rukman</i>	

- M7 111 Comparative Genomic Analysis of Uropathogenic *Escherichia coli* 121  
isolated from Dhaka, Bangladesh  
*T. Tabassum, N. Khan, M. Sarker, A. Sadique, A. Rahman, A. Khaleque, G.U Ahsan and M. Hossain*

## TOBACCO USE (N)

- N1 112 The View of Tobacco Consumption in Indonesia: Using Indonesia 122  
Family Life Survey 5 Data  
*A.T. Purnamasari*
- N2 113 Prevalence and Patterns of Tobacco Product Use in Japan: First- 123  
Year Results of a Repeated Cross-Sectional Survey  
*P. Langer, L. Prieto, D. Skiada, M. Dobrynina, A. Van der Plas, E. Afolalu, Z. Sponsiello, G. Baker, R. Weitkunat and F. Luedicke*
- N3 114 The Prevalence of Positive Smoker Identity and its Associated 124  
Factors  
*M.H. Ahmad, A. Ab Rahman, K.I. Musa, F.M. Zin, N.A. Hassan, M. Omar, R. Hasan, R.M. Zain and M.I. Ibrahim*
- N4 115 Testing the Combination of Behaviour Change Techniques for 125  
Smoking Cessation: A Factorial Randomised Trial in Thailand  
*P. Kingkaew, L. Glidewell, R Walwyn and J.C. Wyatt*
- N5 116 Effectiveness of Tobacco Control Measures at Public and Private 126  
University Campuses in Bangladesh  
*M.G.U. Ahsan and K. Leena*
- N6 117 Prevalence and Patterns of Tobacco Consumption among High- 128  
Risk Population of Bangladesh  
*M. Jahan, M. Hasan, M. Rahman, K. Leena, M.N. Uddin and G.U. Ahsan*
- N7 118 Cross-Sectional Study on Tobacco Use among Adult Population in 129  
Ajman UAE  
*J. Sreedharan, J. Muttappallymyalil, R.B. Shaikh, S. Al Sharbatti and S. Sherman*



- N8 119 JFC (Jember Fashion Carnaval) for Jember City Free from 130  
 Negative Effects of Smoking  
*B. Abdillah*

## PHARMACY Q

- Q1 120 Effect of *Morinda citrifolia* Extract on Cytokine IL - 4 and IL - 10 131  
 in White Rats Wistar Strain Induced Pirazinamide, Levofloxacin  
 and Etambutol  
*T.D.N. Subchi*
- Q2 121 Treatment Outcomes and Their Association with Type of 132  
 Resistance among Drug Resistant Tuberculosis Patients during  
 2014-2015 in Punjab, Pakistan: A Retrospective Cohort Analysis  
*S. A. Khan*
- Q3 122 Neonatal Thyroid Stimulating Hormone Level and Its Association 133  
 with Prematurity Status  
*U.K. Rizqi, M.M. Pasaribu, N. Yanti, L. Anandari, D.N. Kose and  
 I.S. Timan*

## MENTAL HEALTH (R)

- R1 123 Validity and Reliability Test of Medication Adherence Rating Scale 134  
 for Psychosis (MARS) Instrument Indonesian Version  
*A. Kasmianto*
- R2 124 Health Status, Psychosocial Profile and Life Satisfaction of 135  
 Substance Abusers: An Insight within Inmates of Inabah  
 Programme  
*P.L. Lua, A.N.N. Afiqah, M.A. Manam, H. Azmi, M. Mokhairi and  
 A.J. Julaily*
- R3 125 Home Based Caring of Mentally Ill Persons; Coping Strategies and 136  
 Issues Faced by Families  
*J.M.S.N. Jayasooriya*

R4	126	Help-Seeking and Access to Services for Mental Health Problems among Adolescents in Selangor, Malaysia	137
		<i>R. Khairudin, N.D.N. Farid and M. Ismail</i>	
R5	127	Severity and Sources of Perceived Stress among Pharmacy Undergraduate Students in Malaysia	138
		<i>S. Ahmad, N.I.H. Bashri, Y.Z. Wong, C.Q. Chow, F.A. Shaikh and M. Qamar</i>	
R6	128	Factors Analysis Affecting Antenatal Care Drop Out in Primary Health Care	139
		<i>G.S. Prihanti, Y. Baidowi, S. Handayani, M.F. Febriady, W.W.P.M. Rohmasari, S.F. Amaliya and G.R. Novianti</i>	
R7	129	Perinatal Anxiety Screening Scale (PASS): A Valid Tool to Detect Anxiety among Pregnant Women	140
		<i>M.N. Priyadarshanie, M.D.I.A. Waas, D.M.S. Fernando, B.C.V. Senaratna, C.S.E. Goonewardena and A. Balasuriya</i>	
R8	130	The Associations between Discrimination and Self-Report Health in Chinese Migrant Workers: Moderated by Social Integration and Perceived Stress	141
		<i>L. Tong, Q. Yan and I. Kawachi</i>	
R9	131	Reduced Psychosocial Risk in 31 Austrian Companies	142
		<i>R. Polacsek-Ernst</i>	
R10	132	Internalizing and Externalizing Behavioral Problems among Patients with Borderline Personality Disorder: Mediating Role of Adaptive Family Functioning	143
		<i>S. Khan and A. Kamal</i>	
R11	133	Psychological Distress on Diabetes Patient Experience Related to Lifestyle Changes	144
		<i>A. Pratiwi, A. Muhlisin, Y.I. Permana and F. Nursita</i>	
R12	134	Subnational Inequality of Caesarean Section in Urban-Rural Area of Indonesia	145
		<i>Suparmi, N. Kusumawardhani and K.A. Susiloretni</i>	

R13	135	Are Women with Depression More Prone to the Development of Other Chronic Diseases? A Longitudinal Study among Married Women in Rural Bangladesh	146
		<i>S. Aziz</i>	
R14	136	A Study on the Knowledge and Attitude Regarding the Internet Blue Whale Game among Adolescent School Children in a Private School in a Rural Area of Kerala , South India	147
		<i>V.T.K. Menon and V. Joshy</i>	
R15	137	Effect of Yoga on the Individuals with Alcohol Use Disorder	148
		<i>S. Tambare and T. Varade</i>	
R16	138	'I'm Fine' - A Short-Film on Mental Illness Stigma	149
		<i>A.S. Reddy</i>	

#### POSTER PRESENTATIONS (P)

P1	139	Low Back Pain and Disability Status in Rural Housewives	153
		<i>I.N. Noor and M.A. Rahman</i>	
P2	140	The Development and Validation of Healthy Living Pattern Mobile Application for Adolescent	154
		<i>E. Prafiantini, F. Witjaksono, A.J. Ananda, R. Anggraini, K. Fauzia, M. Khoirunnisa, O.L. Sari, T.J. Manik, L. Patriantoro, D. Saptarini, N. Sutarina and M. Mansyur</i>	
P3	141	Discriminatory Attitude towards HIV/AIDS among Public Health Care Professional in Urban Malaysia: A Descriptive Study	155
		<i>R.Z. Saguntala and L.P. Wong</i>	
P4	142	Nutritional Care in Hospital Discharge Plan: A Districted Hospital Experience	156
		<i>Yu-Ru Lin, Ya-Wen Fan, Yi-Ling Yang, Hsiao-Chun Lin and Chung-Mei Ouyang</i>	

P5	143	Effectiveness Test of Decreasing Hexavalent Chromium in Batik Liquid Waste Using Chitosan of Shrimp and Crab Shell at Laweyan Village, Surakarta	157
		<i>K.P. Putera , G. Pramudani and A.D.Y. Rahayu</i>	
P6	144	Cultivating Health Service Delivery of Ethiopia's Primary Health Care through Leadership, Management and Governance (LMG)	158
		<i>M.S. Abdulkader</i>	
P7	145	Effectiveness of Tobacco Control Measures at Public and Private University Campuses in Bangladesh	159
		<i>M.G.U. Ahsan and K. Leena</i>	
P8	146	Effect of Extract Noni Fruit ( <i>Morinda citrifolia L.</i> ) on Liver Damage Histopathology of White Male Rats	161
		<i>D.Y. Lestari and N.R. Alifany</i>	
P9	147	Factors which Determines the Severity of Fluid Leakage in Dengue Hemorrhagic Fever Patients: An Analysis Done in a Medical Ward in Sri Lanka	162
		<i>A.K.D. Nadeeshani, P.M. Mendis, I.S Almeida and N. Sritharan</i>	
P10	148	Health Care Financing: A Case for Health Insurance	163
		<i>S. Bhuyan</i>	
P11	149	Effect of Nematode Drived Peptide on Activation of Collagen Synthesis and Skin Wound Healing	164
		<i>M.K. Park, H. Kim, S.A. Kang, J.H. Choi , D.I. Lee, S.H. Park and H.S. Yu</i>	
P12	150	Low Back Pain among Nurses in Public Hospitals: A Validation Study of BACKS Tool	165
		<i>W.M.W.N. Arifin, Z.I. Uzair, S.M. Nazri and I.M. Ismail</i>	
P13	151	Post-Discharge Support for Persons with Mental Illness: A Nursing Research Review	166
		<i>J. Shimasawa, M.Osawa, M. Ueno, Y. Shimizu and Y. Kubo</i>	
P14	152	Effect of Vitamin D Status Associated with Age and Obesity as Risk Factors of Vitamin D Deficiency	167
		<i>R.V. Suryadinata, B. Wirjatmadi, M. Adriani and S. Sumarmi</i>	

P15	153	Health-Related Quality of Life And Mental Health Outcomes of Drug Dependents Undergoing Inabah Programme in Malaysia	168
		<i>P.L. Lua, A.N.N. Afiqah, M.A. Manam, H. Azmi, M. Mokhairi and A.J. Julaily</i>	
P16	154	Can Inabah Drug Rehabilitation Programme Improve Religiosity and Clinical Symptom Profiles?	169
		<i>P.L. Lua, A.N.N. Afiqah, M.A. Manam, H. Azmi, M. Mokhairi and A.J. Julaily</i>	
P17	155	Disinfection and Sterilization of Medical Equipments: A Multimodal Capacity Building Initiative for Ensuring Patient Safety	170
		<i>M.E.H. Tama, N.K.A. Siddiquee, S.M.N. Mowla, M.N.H. Alam, M.S.A. Sarker and L. Ara</i>	
P18	156	Recognizing People Affected by Leprosy in Health Community by Reducing Sigma Through Right-Based Counseling Model	171
		<i>M.M. Lusli</i>	
P19	157	Analysis of Perception Differences of Patient Satisfaction with Catastrophic Disease on Hospital Service Before and After BPJS	172
		<i>M. Wartiningsih, S. Supriyanto, D. Chalidyanto and H.T. Silitonga</i>	
P20	158	The Influence of Quality of Health Service to Patient Satisfaction Level of Inpatient in Muna Hospital Based on SERVQUAL Dimension	173
		<i>F.E.B. Setyawan, S. Supriyanto, F. Tunjungsari and W.O.N. Hanifaty</i>	
P21	159	Effect of <i>Morinda citrifolia</i> Extract on Cytokine IL - 4 and IL - 10 in White Rats Wistar Strain Induced Pirazinamide, Levofloxacin and Etambutol	174
		<i>T.D.N. Subchi</i>	
P22	160	The Invisible Population –Infectious Diseases and Rural Livelihood in Developing Countries	175
		<i>F.A. Mphande-Nyasulu</i>	
P23	161	Implementation of “Gerakan Desa/Kelurahan Sehat Dan Cerdas (GDSC)” Program to Accelerate Village Development	176
		<i>A.N. Chabibah</i>	

P24	162	Sex Education in Digital Age: Increasing Self Awareness among Teenagers through a Collaborative Approach	177
		<i>N.Y.K. Surya, N.P.A. Harjana and I.M.A. Wirawan</i>	
P25	163	Asthma Pharmaceutical Care Service to Promote Patients' Safety: Self-Assessment from the Indonesian Pharmacists	178
		<i>A. Widayati and P.D. Christasani</i>	
P26	164	Enhance Cleanliness, Excel in Healthcare: A Capacity Building Initiative in Bangladesh	179
		<i>F. Hossain, M.E.H. Tamal, N.K.A. Siddiquee, S.M.N. Mowla, M. N.H. Alam, M.S.A. Sarker, L. Ara</i>	
P27	165	Breastfeeding among Working Mothers at Taylor's University, Malaysia	180
		<i>J.A. Andoy-Galvan</i>	
P28	166	Public Health Midwives' Health Promotion Activities towards Abnormal Vaginal Discharge	181
		<i>I.M.P.S. Ilankoon., C.S.E. Goonewardena, R.C. Fernandopulle P.P.R. Perera</i>	
P29	167	Knowledge, Attitudes and Practices on Falls Injury among Mothers of Children 1-5 Years of Age at a Selected Medical Officer of Area of Sri Lanka	182
		<i>H.C. Mallawatantri and S. Maduwage</i>	
P30	168	Knowledge, Attitude & Practice About Dengue Fever among Students of Taylor's University	183
		<i>J.A. Andoy-Galvan</i>	
P31	169	The Relationship between Menopausal Status and Central Obesity: Study on Rural Women in Banjaroyo Village, Yogyakarta, Indonesia	184
		<i>P.D. Christasani</i>	
P32	170	Effectiveness of the Diabetes Conversation Map Education Tools on Diabetes-Related Parameters of Outpatients with Diabetes	185
		<i>Hsiao-Chun Lin, Chung-Mei Ouyang, Yi-Ting Chan, Yuh-Lin Liu, Shiow-Jen Tsay and Ching Lu</i>	

P33	171	Improving Quality of Life of Cervical Cancer Patients in an Apex Hospital, India: An Innovative Approach	186
		<i>A. Singh, V. Suri, S. Ghoshal, S. Kaur and A. Singh</i>	
P34	172	Visual Attention of Functional Brain Networks Using EEG in Young Adults	187
		<i>Ming-Chang Chiang</i>	
P35	173	Child Nutritional Status and Perinatal Depression Symptom in Indonesia	188
		<i>A.Y.M. R. Siregar</i>	
P36	174	Assessing the Impact of Iron Consumption on Anemia among Pregnant Women Visiting to Health Facilities of Pphi Sindh	189
		<i>S. Bakhtawar, G. Mustafa and Z. Dahar</i>	
P37	175	Prevalence and Patterns of Tobacco Consumption among High-Risk Population of Bangladesh	190
		<i>M. Jahan, M. Hasan, M. Rahman, K. Leena, M.N. Uddin and G.U. Ahsan</i>	
P38	176	The Depression Conundrum and the Advantages of Uncertainty	191
		<i>J. Celie, T. Loeys, M. Desmet and P. Verhaeghe</i>	

### VIRTUAL PRESENTATIONS

	177	Disrespect and Abuse (D&A) among Women Undergoing Deliveries in District Level Hospital of Western Uttar Pradesh, India	195
		<i>E. Talib</i>	
	178	Risk Perception towards Tobacco Use in Pregnancy among Married Men and Women of Rural Areas in Myanmar	196
		<i>K.L.Show, A.P. Phyoo, S. Saw, K.K. Zaw, T.C. Tin, N.A. Tun and K.T.Wai</i>	

179	Maternal Obesity and Pregnancy-related Death	197
	<i>K.L. Goh</i>	
180	Serology Detection of <i>Treponema pallidum</i> in Cerebrospinal Fluid with Intracranial Infection	198
	<i>N. Yanti, M.M. Pasaribu, L. Anandari, D.N. Kosen, S. Immanuel, T. Loho, Yusra, D. Imran and I.S. Timan</i>	
181	An Age Matched Case-Control Study of Socioeconomic Factors and Risk Behaviors Associated with Gestational Diabetes Mellitus in Chinese Women	199
	<i>X.M. Carroll, X.H. Liang, W.Y. Zhang, W.J. Zhang and S. Leeper-Woodford</i>	
182	The Incidence and Management of Patient Violence against US Medical Professionals	200
	<i>A.C. Oguagha; J. Chen and Q.X. Yang</i>	
183	The Indoor and Outdoor Radon Exposure Associated Risk in Lung Cancer Disease in Rajamangala University of Technology Isan, Khon Kaen Campus, Thailand	201
	<i>V. Atyotha and J. Somtua</i>	
184	Janger Dance in Preventing Rabies Cases: Increasing the Scale and Potential Adoption of Health Promotion Interventions into Daily Practice	202
	<i>S. Budayanti, K.R. Rahayu, M. Subagiarta and N.K.S. Yanti</i>	
185	Improvement Strategies of Job Performance: A Perspective on Nursing Profession in Vietnam	203
	<i>P.V. Nguyen, L.T.X. Nguyen and N.H.T. Nguyen</i>	
186	Clinical Presentation and Challenges in Management of Ludwigs Angina	204
	<i>L.M. Kaluvu</i>	
187	ABC Strategy: How University Students Perception of ABC Strategy Influences Uptake of Reproductive Health Programs	205
	<i>M.N. Wanjau, L.N. Kathuri-Ogola and L.W. Maina</i>	



- 188 The Internal and External Factor of Workplace Environment Affects Job Performance of the Nurse 206  
*P.V. Nguyen and T.N.B. Ton*
- 189 Knowledge, Attitude and Practices of Health Care Personnel and Possible Barriers towards Biomedical Waste Management: A cross-Sectional Study in Karachi 207  
*B. Sehrish*
- 190 Reasons for Non-compliance among Probable Diabetic Retinopathy Patients Referred from a Diabetes Clinic to a Tertiary Hospital 208  
*Z. Khair, Y. Jahan, K.A.T.M.E. Huq, M.M. Rahman and M. Moriyama*
- 191 An Investigation on Healthcare Receivers' Acceptance of Telecardiology in Malaysia 209  
*Kee-Jiar Yeo, R.H.A. Al-Ashwal and Shih-Hui Lee*
- 192 Knowledge, Attitudes and Practice regarding Contraceptive Methods among the Female Garment Factory Workers in Katunayake Free Trade Zone 210  
*P.D.A.C. Perera, A.H.I. Priyadarshani, E.G.B. Sachinee, K.W.C. Nuwanthika, O.G.T.C. Nisanka, R.L.C. Silva, B.M.R. Fernandopulle and M.N. Priyadarshani*
- 193 Environmental Health Food Hygiene Inspection Violations Associated with UK Foodservice Small Medium Enterprises (SMEs): Implications for Public Health 211  
*O.T. Irawo, A.S. Tatham, D. Clayton and E.C. Redmond*
- 194 Association Between Fatigue and Ergonomic Pain in the Danish Fishing Industry 212  
*S. H. Busingye and G. Berg-Beckhoff*
- 195 Coding Error and Coder Skills in Implementation of International Classification of Disease (ICD) Case-Mix System in Malaysia 213  
*S. Anian and N. Ismail*

- 196 The Influence of Lead-Acid Battery Recycling in Drinking Water, Soil and Blood Lead Levels 214  
*G.B. Aquino, R.P. Gonzaga, M.M. Basila, N.E. Florendo, B.C. Magsino, C.J. Pekson and B.B. Rengconda*
- 197 Revisiting the Terms of the Patriarchal Bargain: Exploring the Gender Politics of Household Money Management in Rural Nepal 215  
*L. Gram, J. Skordis-Worrall, J. Mannell, G. Shannon, D. Manandhar, N. Saville and J. Morrison*
- 198 Mental Stress of Female Sex Workers 216  
*T.A. Haque, S. Hamid, M.U. Ahmed, U.K. Alam and I. Hossain*
- 199 Respiratory Health Problem among Brass Utensils Factory Workers 217  
*N. Chowdhury, S. Rahman, A. Sharmin, M.H. Khan and I. Hossain*
- 200 Gender Disparity & Psychosocial Status of Elderly People in Rural Area of Bangladesh 218  
*S. Rabeta and B. Afroza*
- 201 Predictors of Breastfeeding Self-Efficacy among Expectant Mothers 219  
*S.B.A. Hamid and N.M. Zaidi*

P14

[152]

**EFFECT OF VITAMIN D STATUS ASSOCIATED WITH AGE AND OBESITY AS  
RISK FACTORS OF VITAMIN D DEFICIENCY**

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**ABSTRACT**

Vitamin D status can provide general information of vitamin D levels at certain population in the community. Aging and weight gain were believed to increase the risk of vitamin D deficiency. Thus, aim of this study is to determine the effect of aging and obesity to the vitamin D status. Case Control study was performed by giving questionnaire about vitamin D status to 72 people including adult and the elderly at Puskesmas Taman, Sidoarjo, East Java. Samples were selected using the purposive sampling method. Validity and reliability of the questioner has been tested prior the experiment. Obese and non-obese groups were divided based on Body Mass Index of each individual. The results showed that aging lowering vitamin D status in obese and non-obese groups, Chi-square  $p = 0.001$  and  $p = 0.000$ , respectively. Further, obesity decreased the vitamin D status in the adult group (Chi-square,  $p = 0.000$ ) and geriatric group (Chi-square,  $p = 0.026$ ). Conclusions, aging and obesity increase the risk of vitamin D deficiency. Further, obese elderly group might have a high risk of low vitamin D status.

Keywords: Obesity, adult, geriatric, Vitamin D



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Tel :+94 113 098 521 Email : info@tiikm.com  
Web : www.tiikm.com

ISBN 978-955-3605-05-4



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