

“HUBUNGAN ANTARA *BIG FIVE PERSONALITY* DENGAN RESILIENSI
PADA REMAJA PANTI ASUHAN”

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ABSTRAK

Resiliensi merupakan hal penting dalam kehidupan setiap individu, tidak terkecuali remaja panti asuhan. Banyak faktor yang dapat memengaruhi resiliensi, salah satunya adalah kepribadian. Kepribadian yang humoris, senang bersosialisasi serta membuat perencanaan diprediksi menjadi faktor pendukung terbentuknya resiliensi. Ada lima kepribadian yang dikenal *big five personality*, yaitu *Openness to experience*, *Conscientiousness*, *Extraversion*, *Agreeableness* dan *Neuroticism*. Tujuan dari penelitian ini adalah untuk melihat hubungan antara *big five personality* dengan resiliensi pada remaja panti asuhan. Subjek penelitian berjumlah 81 remaja panti asuhan. Alat ukur yang digunakan untuk mengukur resiliensi adalah CD-RISC dan untuk mengukur *big five personality* adalah BFI. Hasil penelitian menunjukkan adanya hubungan positif ($p=0,000$) antara *Openness to experience* dengan resiliensi ($r=0,419$), *Conscientiousness* dengan resiliensi ($r=0,707$), *Extraversion* dengan resiliensi ($r=0,397$), *Agreeableness* dengan resiliensi ($r=0,593$), dan adanya hubungan negatif ($p=0,000$) antara *Neuroticism* dengan resiliensi ($r=-0,416$). Resiliensi, *Openness to experience*, *Conscientiousness*, *Extraversion*, dan *Agreeableness* remaja panti asuhan sebagian besar berada pada kategori tinggi. *Neuroticism* pada remaja panti asuhan berada pada kategori sedang. Sumbangan efektif terbesar aspek *big five personality* adalah *Conscientiousness* (49,98%) dan terendah adalah *Extraversion* (15,76%).

Kata Kunci: *Openness to experience*, *Conscientiousness*, *Extraversion*, *Agreeableness*, *Neuroticism*, resiliensi, remaja panti asuhan

“RELATIONSHIP BETWEEN *BIG FIVE PERSONALITY* WITH RESILIENCE
IN ADOLESCENT ORPHANAGE”

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ABSTARCT

Resilience is an important thing in the life of every individual, including adolescent in orphanage. Many factors can affect resilience, one of which is personality. Humorous personality, likes to socialize and make planning is predicted to be a supporting of resilience. There are five personalities known as big five personality, namely Openness to experience, Conscientiousness, Extraversion, Agreeableness and Neuroticism. The purpose of this study was to see the relationship between big five personality with resilience in adolescents orphanage. The research subjects were 81 adolescents in orphanages. The measuring instrument used to measure resilience is CD-RISC and to measure big five personality is BFI. The results showed a positive relationship ($p = 0,000$) between Openness to experience and resilience ($r = 0,419$), Conscientiousness with resilience ($r = 0,707$), Extraversion with resilience ($r = 0,397$), Agreeableness with resilience ($r = 0,593$), and there is a negative relationship ($p = 0,000$) between Neuroticism and resilience ($r = -0,416$). Resilience, Openness to experience, Conscientiousness, Extraversion, and Agreeableness of adolescent orphanages are mostly in the high category. Neuroticism in adolescent orphanages is in the moderate category. The biggest effective contribution of the big five personality aspect was Conscientiousness (49.98%) and the lowest was Extraversion (15.76%).

Keyword: Openness to experience, Conscientiousness, Extraversion, Agreeableness, Neuroticism, resilience, adolescents orphanage