

ORIGINAL ARTICLE

## REVIEW ARTICLE: AMEBIASIS MOLECULAR PATHOGENESIS DEVELOPMENT

Nurlina Muliani<sup>1\*</sup>, Hotimah Masdan Salim<sup>2</sup>

<sup>1</sup>Master of Clinical Pharmacy at the University of Surabaya

<sup>2</sup>Faculty of Medicine, University of Nahdlatul Ulama Surabaya

\*Correspondent author: nurlinamuliani95@gmail.com

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### ABSTRACT

Amebiasis is one of the gastrointestinal tract infection disease caused by *Entamoeba histolytica*, a parasitic protozoan. Amebiasis is the second disease, caused by parasite, that leading cause of death after malaria. Infection occurs through faecal-oral route and after ingestion a contaminated food and beverages by human faeces. The pathogenesis of *E. histolytica* can be classified into 3 processes, i.e: death of host cell, inflammation, and parasitic invasion. The recent years, a molecularly amebiasis pathogenesis has been developed, i.e: adherence, phagocytosis, tropogocytosis of host cell and how the parasites can survive and attack host cells so it can cause an infection in humans. Molecular development is an important thing to be considered in the selection of amebiasis therapy.

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## INTRODUCTION

Amebiasis is one of the gastrointestinal tract infections caused by *Entamoeba histolytica* which is an unicellular and anaerob microorganism<sup>(1,2)</sup>. About 80-90% of infections have no symptoms and self-limiting<sup>(3,4)</sup> and 10-20% can cause severe infections, amebic liver abscess and amebic colitis<sup>(4,5)</sup>. Amebic colitis, the major cause of severe diarrhea at the world and registered in 15 causes of diarrhea at children aged 2 years living in developing countries<sup>(4)</sup>. Diarrhea is the number two cause of death in children under 5 years and kills around 525,000 children every year<sup>(6)</sup>. Based on RISKESDAS (2007), the prevalence of diarrhea in Indonesia is 9.0% with a range of 4.2-18.9%, the highest prevalence in the Province of Nanggroe Aceh Darussalam and the lowest in the Province of DI Yogyakarta<sup>(7)</sup>.

Progress in molecular methodology increases our knowledge regarding the differences in *E. histolytica* with other non-pathogenic *Entamoeba* species such as *E. dispar* and *E.*

Bangladeshi<sup>(4)</sup>. In the last few years the pathogenesis of amebiasis is molecularly developed. Likewise, the mechanism for avoiding immune responses can increase our knowledge regarding amebiasis and can help in the selection of amebiasis therapy.

## AMEBIASIS

### Epidemiology

Amebiasis is found throughout the world with the greatest prevalence in developing countries, mainly in tropical and subtropical regions, specifically Asia, Africa, Indonesia, India, Mexico, South Africa, and South America. Optimal climate conditions in the zone that make protozoan cysts can last for several days in the external environment<sup>(1,2,4)</sup>.

*Entamoeba histolytica* is the number two cause of death caused by parasites in humans after malaria. Globally, around 50 million people have infections, with greater than 100,000 deaths each year reported due to amebiasis. The source of

Correspondence: Nurlina Muliani

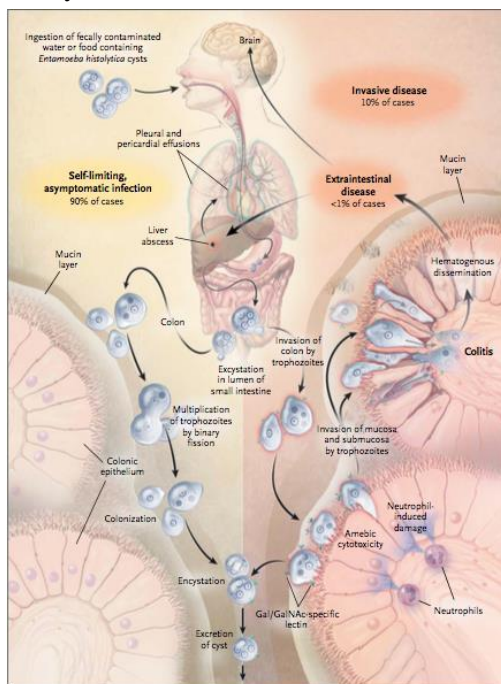
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infection is from swallowing water or food contaminated with faeces containing *E. histolytica* cyst<sup>(8)</sup>. In areas with low socio-economic conditions, there is a decrease in sanitation and an increase in faecal contamination from water supplies<sup>(4,8)</sup>. Relatively better hygiene and sanitation in developed countries has a low incidence of amebiasis, which is 2-11%, whereas in Indonesia it has a quite high range ie 10-18%<sup>(9)</sup>.

**Life cycle**

*E. histolytica* has a life cycle that can be divided into 2 phase, as an infectious cyst or invasive trophozoite<sup>(4)</sup>. *E. histolytica* cysts can be discovered in contaminated food or water, after consumption occurs excystation, then trophozoites colonize the large intestine multiplying with binary fission. It can be asymptomatic or cause symptoms such as diarrhea. Trophozoites that attack the intestine produce amoebic colitis with ulceration which causes bloody diarrhea. Trophozoites can spread through the bloodstream and cause abscesses in some organs, which are most often observed or spread to farther places such as the brain and lungs in a hematogenous manner (Figure 1). Within a few weeks after ingestion, symptoms can occur but sometimes can also develop for several years after infection<sup>(4,11)</sup>.



**Figure 1.** Life Cycle of *E. Histolytica* <sup>(14)</sup>

**MOLECUL SURFACE OF ENTAMOEBA CELL HISTOLYTICA**

**Lipophosphopeptidoglycan and Other GPI-Anchored Cell Surface Molecules**

On the trophozoite surface has lipophosphopeptidoglycans (LPPG), glycosylphosphatidylinositol (GPI) which contains complex carbohydrates and forms a glycocalyx layer. These molecules are the main surface components that interact with target cells, ie human tissue, via terminal sugar molecules<sup>(9)</sup>.

**Gal/ Gal NAc Lectin Galactose/ N acetyl D-galactosamine inhibitable (Gal/GalNAc)**

One of the main cell surface molecules associated with adherence to *E. histolytica* to the basement membrane and epithelial tissue. The Gal/GalNAc lectin consists of Heavy subunits (Hgl), Light subunits (Lgl) and Subunit intermediates (Igl). HgI and LgI are connected via disulfide bonds and live on the parasite cell membrane as a 260kDa heterodimer. HgI contains carbohydrate recognition domain (CRD) which recognizes d-galactose and N-acetyl-d-galactosamine and host cell glycoconjugate proteins <sup>(3,12)</sup>.

**SECRETED MOLECULES INVOLVED IN PATHOGENESIS**

Damage to the extracellular matrix, tissue, and cells is a characteristic pathophysiological of amoeba. Cell contact is the beginning of invasion of *E. histolytica*. Amoeba also attacks by reducing or damaging tissue by secreting several enzymes capable of digesting tissues or even extracellular matrices<sup>(12)</sup>.

**Cysteine Proteases (CP)**

*Entamoeba* secretes Cysteine Proteases which are the main group of hydrolases. Genome helps identify about 50 genes that encode cysteine peptidase. Only 20 CP genes contained in *E. histolytica* are secreted, where EhCP1, EhCP2 and EhCP5 constitute 90% of all existing CP. CP can reduce extracellular matrix proteins (ECM) such as mucin which is the main component of colon

mucus. CP also attacks the immune system by reducing host antibodies. EhCP5 found on the surface of the amoeba suspected to interfere with mucin barrier of the colon. EhCP5 is also associated with colon epithelial cell integrins and activates the Nfκappab-mediated inflammatory response in host cells. Research in 2014 showed that EhCPA5 activates matrix metalloproteinase (MMP) by splitting<sup>(12,13)</sup>.

### Amoebapores

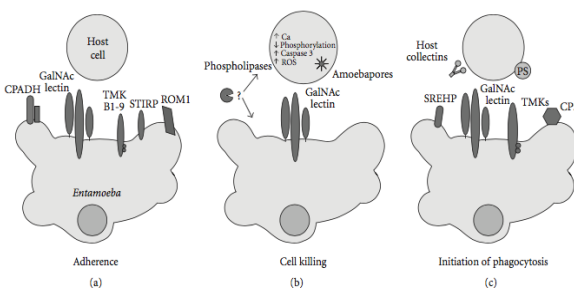
Amoebapores is a group of pore-forming peptides that mediate the killing of cells by acting as secreted toxins. Amoebapores has 3 different types (a, b, and c) which structurally and functionally similar to NK-lysin membrane and granulysin permeabilization proteins produced by mammalian T cells<sup>(11,12)</sup>. All amoebapores induce pore formation in synthetic liposomes. Amoebapores requires pH ~ 5.2 for pore-forming activities needed for activity on the host cell membrane<sup>(11)</sup>.

## PATHOGENESIS

The pathogenesis of *E. histolytica* can be classified into three, namely: host cell death, inflammation, and parasitic invasion. Trophozoite can kill host cells with several different mechanisms, ie induction of programmed cell death, phagocytosis, and trogocytosis<sup>(4)</sup>.

### Programmed Cell Death

The initial pathogenesis begins with adherence of parasites in the colonic mucous layer through the Gal / GalNAc lectin adhesion molecule (Figure 2).



**Figure 2.** Sequential model of cell killing and phagocytosis by *Entamoeba histolytica*<sup>(3)</sup>.

Several other molecules involved in the pathogenesis of amebiasis, namely Amoebapores which destroy bacteria in the colon environment. CP is considered an important parasitic weapon to penetrate the epithelium and destroy the host extracellular matrix (ECM) component. Before adherence cells, trophozoites secrete immune modulators which stimulate epithelial cells to produce proinflammatory cytokine macrophage migration inhibitory factor (EhMIF). EhMIF induces inflammation resulting in increased production of matrix metalloproteinase (MMP)<sup>(13)</sup>. In a current study, MMP was shown to be needed for the invasion of *E. histolytica* tissue. MMP rupture the extracellular matrix in the intestine to increase cell migration and is shown excessively in parasitic infections, such as amebiasis<sup>(4,13)</sup>.

### Phagocytosis

Calcium-binding protein 1 (EhCaBP1) and EhC2PK on the ligand are one of the early signs of phagocytosis. EhC2PK binds PS amoeba and attracts EhCaBP1 to cell membranes. EhCaBP1 binds to F-actin which affects cell proliferation, fluid phase endocytosis, and phagocytosis. EhCaBP1 also attracts EhAK1 alpha kinase to phosphorylate directly G-actin. The interaction depends on calcium, while the interactions of EhC2PK and EhCaBP1 are not calcium dependent. Other calcium binding proteins such as EhCaBP3 interact directly with lipids and function in the initiation of independent phagocytosis from the EhCaBP1/EhC2PK pathway. Whereas EhCaBP5, has recently been shown to interact with myosin 1B in an independent manner of calcium<sup>(11,12)</sup>.

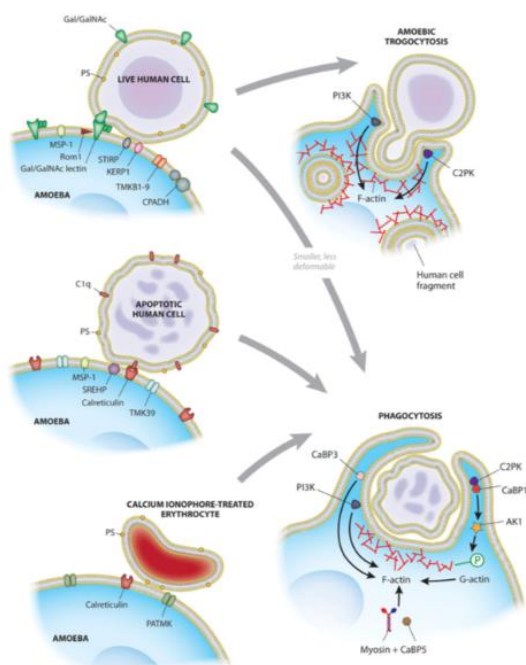
### Trogocytosis

After attaching to the host cell, *E. histolytica* trophozoite digests host cells with different "bites" called trogocytosis amoeba (Figure 3), which begins to occur within one minute of contact with the host cell. Host cells are still alive when the process starts, but eventually die which is characterized by loss of membrane integrity. After the host cell is killed, the consumption of the amoeba stops and the trophozoite is released from the dead host cell. Trogocytosis of amoeba involve

physiological temperature, amoeba actin rearrangement, Gal / GalNAc lectin, EhC2PK, and signaling-PI3K. Each protein has a role in phagocytosis and trogocytosis of *E. histolytica* (Figure 4). Cell death after amoeba trogocytosis can be caused by accumulated physical damage to bitten cells<sup>(11)</sup>.

Amoebic molecule	Process	Function (or subcellular location)	Host cell types
Gal/GalNAc lectin	Amoebic trogocytosis and phagocytosis	Attachment to Gal or Gal/NAc, initiation of amoebic trogocytosis	Live cells (numerous cell lines and cell types)
EhRom1	Phagocytosis	Attachment, cleavage of Gal/GalNAc lectin and unknown substrates	Live CHO cells, apoptotic CHO cells, erythrocytes
EhMSP-1	Phagocytosis	Attachment, cleavage of unknown substrates	Live Jurkat cells, apoptotic Jurkat cells
SREBP	Phagocytosis	Attachment	Apoptotic Jurkat cells
Calreticulin	Phagocytosis	Attachment to C1q and unknown substrates	Apoptotic Jurkat cells, apoptotic Jurkat cells opsonized with C1q, ionophore-treated erythrocytes
TMK39	Phagocytosis	Attachment	Apoptotic Jurkat cells
TMKb1-9	Phagocytosis	Attachment	Fixed CHO monolayers
PATMK	Phagocytosis	Attachment	Ionophore-treated erythrocytes
EhSTIRP	Phagocytosis	Attachment	Live CHO cells
EhCPADH	Phagocytosis	Attachment	Erythrocytes
KERP1	Phagocytosis	Attachment	Fixed Caco2 monolayers, fixed CHO monolayers
EhC2PK	Amoebic trogocytosis and phagocytosis	Initiation of ingestion, binding to amoebic PS and recruitment of EhCaBP1	Live Jurkat cells, erythrocytes
EhCaBP1	Phagocytosis	Initiation of ingestion, recruitment of EhAK1	Erythrocytes
EhAK1	Phagocytosis	Phosphorylation of G-actin	Erythrocytes
EhCaBP3	Phagocytosis	Initiation of ingestion, binding to amoebic membrane and actin, actin remodeling	Erythrocytes
EhCaBP5	Phagocytosis	Myosin light chain	Erythrocytes
Myosin	Phagocytosis	Generation of force, shape changes in ingestion, intracellular trafficking	Likely numerous cell types and both live and dead cells
Actin	Amoebic trogocytosis and phagocytosis	Generation of force, shape changes in ingestion, intracellular trafficking	Likely numerous cell types and both live and dead cells
PI3K	Amoebic trogocytosis and phagocytosis	Generation of phosphoinositides, leading to phagosome formation and actin remodeling	Live Jurkat cells, erythrocytes
EhFP4 and other FYVE-domain proteins	Phagocytosis	Phosphatidylinositol 3- phosphate-binding	Live CHO cells, erythrocytes
p21RacA	Phagocytosis	Likely regulates actin remodeling	Erythrocytes
EhRab8	Phagocytosis	(Phagocytic cup)	Erythrocytes
EhRab5	Phagocytosis	(Pre-phagosomal vacuole)	Erythrocytes
EhRab7A	Phagocytosis	Pre-phagosomal vacuole- phagosome fusion	Erythrocytes
EhRab7B	Phagocytosis	Late endosome-lysosome- lysosome fusion	Erythrocytes

**Figure 3.** Trogocytosis and Phagocytosis of Amebiasis <sup>(11)</sup>

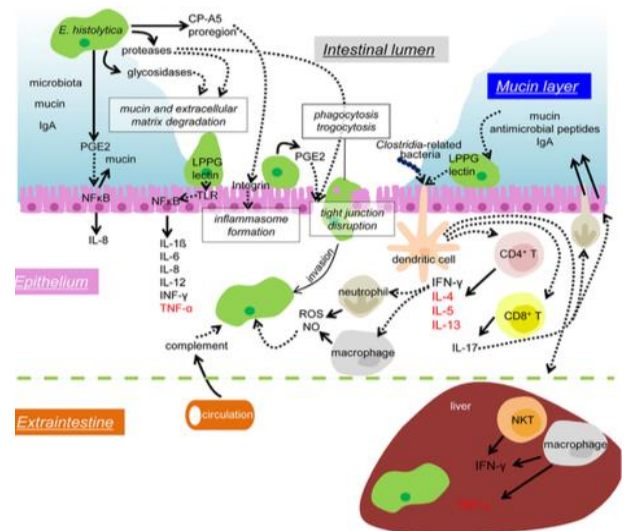


**Figure 4.** Amoeba molecules that play a role in trogocytosis and phagocytosis<sup>(11)</sup>

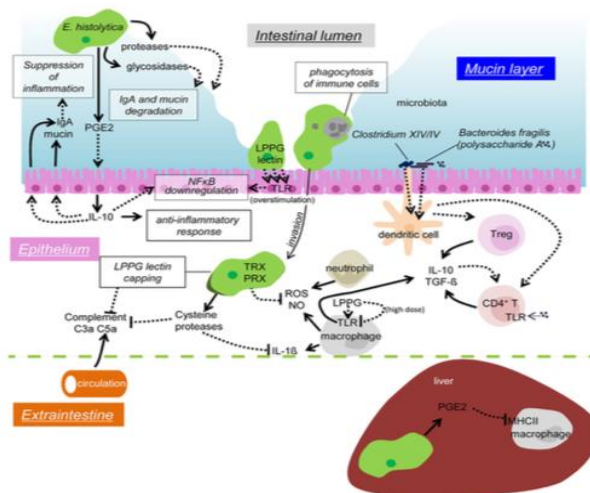
## IMUN RESPONSE

*E. histolytica* has promoted several mechanisms to avoid immune responses and persist in hosts (Figures 5 & 6). When the amoebic trophozoites attack the colon epithelium, it activates an immune response in human hosts. To survive in the host, it is necessary to fight the immune system and control the host environment. The mucous layer in the gastrointestinal tract mostly functions as a major physical barrier to intestinal pathogens. The secondary defense of intestinal immune response to *E. histolytica* infection is by secreting mucosal immunoglobulins (Ig). One of the most produced Ig by plasma cells is secretory IgA which functions to avoid pathogens from attaching and removing mucosal barriers.

In the early stages of infection, intestinal epithelial cells (IECs) bind and identify the Gal/Gal NAc lectin via a toll like receptor (TLR), which activates NFKB to produce inflammatory cytokines including IL-6, IL-1 $\beta$ , IL-8, IL-12, TNF- $\alpha$ , and IFN- $\gamma$ . IECs are the second defense barrier against pathogens after the mucosal layer and first defense of host cells to fight parasites, host cells secrete an arrangement of pathogen recognition receptors (PRRs), including TLRs. IFN- $\gamma$  is involved in cleaning the infection, whereas IL-4 and TNF- $\alpha$  are associated with disease<sup>(13)</sup>.



**Figure 5.** Mechanism of colonization and invasion by *E. histolytica* trophozoites.<sup>(13)</sup>



**Figure 6.** Mechanism of Avoiding Immune Response (13)

## THERAPY

Patients diagnosed with amebiasis should be given medication. Patients with clinical symptoms should take treatment with 2 drugs: amebicidal tissue active agent, metronidazole or tinidazole and luminal cysticidal agent, paromomycin. Patients with asymptomatic amebiasis have need to be given luminal cysticidal agents to avoid invasion and transmission of pathogens<sup>(4)</sup>.

## CONCLUSION

The pathogenesis of amebiasis involves the interaction of several molecules secreted by *E. histolytica* such as lectin, LPPG, moebapore and cysteine proteases. Advances in molecular methodologies over the past few years have increased understanding of the mechanisms of amebiasis molecular pathogenesis such as adherence, phagocytosis and host cell tropogocytosis. Likewise the mechanism for avoiding cell immune responses such as IL-10 induction and suppression of INF- $\gamma$ , reduction of Ig, pro inflammatory cytokines, and complement.

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