



LETTER OF ACCEPTANCE

May 6, 2021

Dear Author,
Desak Ulan Sukmaning Ayu
Ananta Yudiarto

Warm Greetings!

It's a great pleasure to inform you that, after the peer review process, your article entitled **“Efektivitas Mindfulness untuk Meningkatkan Kualitas Hidup”** has been **accepted** and considered for publication in Jurnal Psikologi Udayana. Your article will be published in Vol. 8 No. 2.

Thank you for submitting your work to this journal. We hope to receive in future too.

Warm Regards,
Putu Nugrahaeni Widadiasavitri

Editor in Chief
Jurnal Psikologi Udayana

