BOOK OF ABSTRACTS THE FIRST INTERNATIONAL CONFERENCE OF INDIGENOUS & CULTURAL PSYCHOLOGY

FACULTY OF PSYCHOLOGY UNIVERSITAS GADJAH MADA

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BOOK OF ABSTRACTS

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Dilarang mengkopi atau memperbanyak sebagian atau keseluruhan tanpa seizing tertulis dari penerbit.

<u>Dicetak di Percetakan Kanisius. Yogyakarta</u> Isi di luar tanggungjawab percetakan

Introduction

Recently, psychology celebrated its 120th anniversary of the founding of psychology by Wilhelm Wundt in 1879. Wundt helped to establish the experimental method in psychology and emphasized the importance *Völkerpsychologie* (i.e., cultural psychology). He regarded cultural psychology to be a "more important branch of psychological science which was destined to eclipse experimental psychology" (Danziger, 1983). He devoted the latter part of his life documenting sociocultural influences in his 10 volume work, *Völkerpsychologie* (Wundt, 1916).

The goal of the First Conference is to understand people in culturally diverse contexts, continuing the legacy established by Wundt. The second goal is to examine the content of human thoughts, emotions and actions in local and cultural context. The third goal is to examine the role of agency, intentions and goals in explaining behavior. The fourth goal is to integrate arts and humanities with social sciences. The fifth goal is to contribute to development of psychological knowledge that is relevant, useful and universal.

The conference will cover the following topics:

- 1 Psychological analysis of local knowledge and indigenous concepts.
- 2 Indigenous and cultural analysis of psychological theories, concepts and knowledge.
- 3 Development of indigenous methods and research design.
- 4 Life-span development in indigenous and cultural context.
- 5 Application of psychological knowledge in family, education, organizations, and health.

- 6 Application of indigenous and cultural knowledge to promote societal development.
- 7 Cultural diversity as a source of creativity, knowledge and innovation.
- 8 Intergroup relations, intercultural contact and acculturation.
- 9 Cross-indigenous research and application.
- 10 Linkages of art, music, and humanities with scientific understanding of human behavior.

Indonesia is ideally suited to host the First International Conference on Indigenous and Cultural Psychology, with its diverse cultures, religions and way of life: Indonesia has more than 100 languages, 250 dialects and five officially recognized religions (i.e., Islam, Hinduism, Buddhism, Christianity and Confucianism). Indigenous way of life is dominant and culture provides a basis for achieving unity in diversity.

Around 43 symposia (234 oral presentations) and 63 posters will be presented during the conference. Around 450 participants from 30 countries join the conference. During the opening ceremony of the conference, **The Asian Association of Indigenous and Cultural Psychology** will be launched and the selected presentations from the conference will be published in the *Asian Journal of Indigenous and Cultural Psychology* in 2011. Research and institutional collaborations are encouraged and will be strengthened to realize the vision of the association. The goal is to map our own features and strength which will help us to understand people in context and contribute to application of psychological knowledge to improve quality of life and enrich scientific and universal psychology.

Scientific and organizing committee Center for Indigenous and Cultural Psychology & Faculty of Psychology, Universitas Gadjah Mada Yogyakarta, Indonesia

Table of Contents

1.	Int	roductioniii
2.	Tal	ble of content
3.	Ke a. b.	ynote address Leadership Traits: Indonesian Indigenous Perspective (Djamaluddin Ancok)
	c.	(Kwang-Kuo Hwang)
	d.	Thinking Competence: An Indigenous Perspective (Girishwar Misra)
	e.	Examining the scientific based indigenous psychology (Madelene Sta. Maria)
	f.	Indigenous Psychology: What is it and why do we need it? (Uichol Kim)
4.		vited symposium 1: Indigenous Chinese psychology in the age of obalization
	a.	Quality of life as social representation in China: A Qualitative study (Li Liu)
	Ь.	A qualitative exploration of internet-based mass event in China (Fang Wang, Pingping Wang, Yongyuan Chen & Yan Zhang)
	c.	A comparison of children from Wenchuan earthquake-stricken areas and those from non-affected areas in dynamic House-Tree- People Test (Yan Xu, Pingping Wang & Qifeng Wang)
	d.	People do business in the way they understand life: A study on value of Chinese entrepreneurs (Shenghua Jin)
	e.	Workplace ostracism and its relationship to employees' mental health, job satisfaction, and organizational citizenship behavior (Jiang Jiang)

v

- 5. Invited symposium 2: The potential of indigenous and cultural approach in studying social cognition and representation

 - c. Super-ordinary bias in Japanese self-predictions of future life events: An approach from indigenous psychology (Megumi Ohashi) .. 19
- 6. Symposium 3: Cultural and indigenous perspectives of gender and woman issues

 - b. West meets East: Malay Muslim women perception on singlehood (Jamayah Saili, Rosie Rooney & Lyndall Steed)23

 - e. Subjective well-being in Indonesian women with multiple roles (Nina Z. Situmorang)29

7. Symposium 4: Studies of adolescents' characters in educational setting

	e.	The relationship between self efficacy and academic achievement (Esti Hayu Purnamaningsih)
8.	Syn a. b. c. d. e.	mposium 5: Social identity across cultures Multigroup ethnic identity measure scores in a sample of adolescents from Indonesia (Irene Tarakanita)
	f.	Bangsamoro and MOA-AD debate (Judith de Guzman)
9.	Syn a. b. c. d. e. f.	mposium 6: Perspectives on school guidance and counseling Developing multicultural counseling in Indonesia: As a means to comprehend the indigenousness of Indonesian students (Nanang Erma Gunawan)

- 10. Symposium 7: Acculturation and adaptation
 - a. Group performance psychological health: Intergroup relations, intercultural contact and acculturation (Cholichul Hadi) 56

b. Attachment styles, sociocultural, and psychological adjustment among Indonesian immigrants in the United States (Virgo Analysis of perceived inferiority as one of the sources of acculturation с. Indigenous constructs of individual religiosity and their impact on d. acculturation (Halina Grzymala-Moszczynska)61 Adaptation: A research on stereotypes, culture clashes and identity e. Melayu Riau society in the process of cultural transformation f. Invited symposium 9: Education policy, program and assessment in 11. korea: advances, refinements and accomplishments Mission and activities of Incheon Education Science Research a. b. Effectively management of research schools in Incheon (Myo Sung Kim & Kab-soon Chung)66 Promoting scientific mentality through the use of Incheon science с. museum (Gui Won Lee, Hyun Bo Shim & Kab-soon Chung) d. Overview of the cyber home learning system in Korea (Gyo Joung Factor influencing occupational achievement and satisfaction e. among Korean teachers (Eun-sil Park, Young-Shin Park & Uichol 12. Invited symposium 10: Psychological dimensions of cultural products Creativity research and indigenous psychology for innovation and a. knowledge creation (Ai-Girl Tan)71 "Agungiyong Ni I-Kalinga": Exploring connections of well-being b. and music of the Kalinga people (Arvin Manuel R. Villalon) ...72 Malang mask dance: An ancient personalities symbolism (Hetty с. Rahmawati)73

d. Cultural diversity as a source of creativity (Suzanne Wazzan) ...74

- 13. Symposium 11: Parents-childs relation across cultures
 - a. Attitudes toward fathers and mothers participation in household tasks and child care in young couples Javanese family (Jati Ariati)

 - c. Trust to parent in early adolescence: An indigenous psychological study on Javanese adolescents (Sri Lestari & Sutarimah Ampuni)

- 14. Symposium 12: Industrial and organizational behavior and culture

 - e. Narcissism: Making organizations opulent (Avinash Kumar) ...91
- 15. Symposium 13: Studies of personal characters on multicultural contexts

	b.	Variations in interdependent behavior across different social groups (Delia Belleza)
	c.	"Nak Mula Keto": An indigenous phenomenon of meaningfulness among the Balinese (Kristianto Batuadji)
	d.	Effect of televised ethnic stereotypes on children (Alay Ahmad)
	e.	Java culture in a Chinese Indonesian jamu company, an interpretative case study of the CSR implementation (Jap Tji Beng)
	f.	The role of personality trait (conscientiousness) as an antecedent of workplace deviant behavior (Hadi Farhadi & Fatimah Omar)
16.	Syr	nposium 14: Cultural issues in community mental health
	a.	À developmental perspective on mental health: Role of ecology and gender (Aradhana Shukla)
	b.	Role of indigenous institutions of local deities in the mental health of people of Naor Valley (Randhir Singh)
	c.	Community empowerment initiatives through sinergy between "Posyandu" cadres and community health center psychologists (Endah Puspita Sari)
	d.	"Gotong royong" and mental health in Indonesia (Adi Cilik Pierewan & Sujarwoto)
	e.	"Nrimo" and the resilience of humanitarian volunteers in post-earthquake of Yogyakarta and Central Java (Nelden D. Djakababa)
17.		ited symposium 15: The importance of cultural and individual spectives for research on stress and health: experimental and
	inte	erventional studies in Japan
	a.	Biopsychosocial approaches to stress and health: From a multicultural perspective (Akira Tsuda)
	b.	No awakening cortisol response in caregivers with high intensity caregiving situations (Hisayoshi Okamura, Akira Tsuda & Jumpei Yajima)
	с.	Stress and sleep (Maki Furutani)
	d.	Application of transtheoretical model (TTM)-based stress
		management to Japanese university students: Subjective well-being perspectives (Yoshiyuki Tanaka & Akira Tsuda)
1		

18.	Invited symposium 16: Indigeno Indonesia	us or indigenizing psychology in
	a. Indigenous or indigenizing psyc	hology in Indonesia (Tri Kusdwiratri
	b. Pre-marital education program	to improve marriage preparedness scilia T. Novena)114
		lth education in local setting ahyu Yuniarti)115
	Implication for the Suryame	of the students' low achievement: ntaram counseling approach (Adi
		among UNIKOM and ITENAS
19.		
		rn of poverty in the poorest province Gavino-Gumba)118
	•	: Kuala Lumpur as a destination of ed & Masitah Muhibudin) 121
		n of international and domestic
	d. Traditional market: The Sundar	
	•	
	after Suramadu bridge constru	al fishermen at Kenjeran, Surabaya ction (Sylvia Kurniawat Ngonde, F. grohadi)129
20.		•
201	a. Achievement of Javanese adoles form of support, sex, and parent Faturochman, Helly P. Soetji	scents based on sourced of support, seducation level (Irine Kurniastuti, pto, Sri Kurnianingsih & Uichol

	b. c. d. е.	The effect of values of life in Batak culture (Hagabeon, Hamoraon, Hasangapon) on achievement motivation of Bataknese high school students (Sukardi W. Hasugian & Frieda Mangunsong) 131 Age, gender and creativity as predictors of academic achievement among Iranian students in Malaysian universities (Habibollah Naderi)
	f.	Karen Horney (Seyed Mehdi Taheri)
21.	Syn a. b.	nposium 19: Parenting subjective wellbeing in cultural contexts Subjective well being and family functioning among Moslem early adolescence (Susilo Wibisono)
	c. d.	Parenting in multicultural settings: Experiences of the Indonesian mothers (Yopina G. Pertiwi & Nandita Babu)
	e. f.	Study of mental disorders in child abuser and non-abuser parents and relation of child abuse with behavioral disorders in children (Gholam Hossein Jvanmard, M. Abbasi & J. Mamaghani) 143 Health anxiety in Indonesia and the Netherland (Theo Bouman)
22.	Svr	nposium 20: Culture and human values
22.	a. b.	Values structure of Indian and Nepalese couples: A cross- national study (Usha Kiran Suba)
	b. с.	community (Fransisca Iriani R. Dewi & Samsunuwiyati Mar'at)
		Setiono, Ike Agustina)

d.	The	cosmology	of	people	from	Ambon	island	(Jenne	Jessica
	Reva	anda Pieter)	•••••						151

- e. Descriptive study on the Chinese values of Chinese-Indonesians college students in Bandung, Indonesia (Agoes Santosa)153
- f. The correlation between character strength and happiness on Indonesian people (Imelda Dian Oriza & Fifi Nurwianti) 155
- 23. Symposium 21: Culture influences on counseling process
 - a. Understanding the interrelatedness of anger control in context of culture (Trida Cynthia & Anita Zulkaida)157

24. Invited symposium 22: The Pagdadala Model

- a. The Pagdadala Model (Edwin T. Decenteceo)166
- c. Pagdadala and understanding triadic relationships: A case study of a Japayuki and her partners (Anna Muriel T. Mangaran) 169

25. Invited symposium 23: Testing "Pakikipagkapwa": Multiple approaches and new insights

	b.	Construing Filipino social interaction: A second look at the Santiago & Enriquez (1976) model of "Pakikipagkapwa" (Jay A. Yacat)
	c.	Categorizing people as "Ibang Tao" or "Hindi Ibang Tao": Surfacing underlying dimensions of Filipino social interactions (Jay A. Yacat, Christine Anne A. de Villa, Jose Antonio R. Clemente & John
	d.	Toledo)
26.	Sv	mposium 24: Psychological testings and applications
20.	a.	Asian depression scale: Integration of indigenous and western symptomatologies (Invited Speaker: Weining C. Chang & Jessie
	Ь.	Bee Kim Koh)
		measurement from Pancasila values (Eko A. Meinarno & Christiany Suwartono)
	c.	The development of a psycho-moral and self-regulation scale for Filipinos and a validation of the self-regulation factor for
	d.	Singaporeans (Monica Walet)
		clinical sample in Malaysia (Siamak Khodarahimi, Intan H. M. Hashim & Norzarina Mohd-Zaharim)
	e.	Cultural adaptation process of the Edinburgh Postnatal Depression Scale (EPDS) in Indonesia (Anastasia Silalahi)
27.	Sy	mposium 25: Emotional experiences in cultural contexts
	a.	The three meanings of "Nrimo" (Invited Speaker: Koentjoro)
	b.	Gratitude in college students (Anita Zulkaida & Trida Cynthia)
	c.	Psychology of Duda: Laying the foundation for studying the Filipino experience of doubt (Divine Love A. Salvador) 192
	d.	Seeking forgiveness among university students in Jakarta (Christiany Suwartono & Venie Viktoria)
	e.	Failure in Javanese Society: An indigenous psychological analysis (Medianta Tarigan)

- 28. Symposium 26: Adolecents' development
 - a. Needs profile and parenting style of teens motorcycle gang members in Bandung (Susandari, S. Rositawati & A. Mahardhika) 200

 - e. Involvement in spiritual, knowledge and attitude towards sex among adolescent Malaysia: A study in government higher education (Chua Bee Seok, Jasmine Adela M & Tan Chen Ho)

29. Symposium 27: Mental illness across cultures

- e. Psychological stress, coping and life satisfaction: A comparative study of Indian and Srilankans (Abhai Kumar Srivastava) 214
- 30. Symposium 28: Cultural practices and psychotherapy

- 31. Invited Symposium 29: In search of theory: future of indigenous psychology
- 32. Invited Symposium 30: The javanese coping strategies toward natural disaster
- 33. Symposium 31: Leadership and management accross cultures

 - c. University autonomy and its relation with the functions of the university in the point of view of the faculty members and

		administrators of Shahid Beheshti University of Tehran (Mehdi Adeli Naservand)
	d.	Beyond hegemony: Leveraging organizational effectiveness through diversity (R K Singh)
	e.	The role of leadership practices on job stress among Malaysian university academic staff: Two step analysis (Triantoro Safaria & Ahmad Bin Othman)
	f.	A spiritual dimension of Gajah Mada leadership style: The missing dimension in Western leadership styles (Yohanes Budiarto) 242
34.	Syı	nposium 32: Developing indigenous psychology
	a.	Applications of psychology with indigenous North Americans:
	b.	Lessons from neo-colonialism (James Jordan)
	c.	Cultural psychology and phenomenological method (Josef Raco)
	d.	An empirical analysis of trends in psychology research in the Phippines: Implications for Sikolohiyang Pilipino (Filipino psychology) (Jose Antonio Clemente)
35.	Syı	nposium 33: Culture in educational settings
	a.	"Ngalap Berkah" among students of traditional boarding school (Susilo Wibisono & Annisa Miranty Nurrendra)
	b.	The analysis of Islamic elementary school teachers' efficacy: An
	c.	indigenous psychology perspective (Muna Erawati)
	d.	Lall & Aradhana Shukla)
		Baki)
	e.	Study of the effectiveness of the culture on memory (his own
		memory and others one) among Afghans, American and Iranian students (Bagher Rezai)
	f.	"Maido": the good, the bad, or the ugly of Javanese culture (Bagus Riyono)

- 36. Symposium 34: Close social relationship

 - f. Emphatic concern differences between students in psychology and non-psychology majors (Sigit Prayogo & Dona Eka Putri) 266
- 37. Symposium 35: Psychological health and illness accross cultures

 - d. Cultural notion of depression in Nepal (Usha Kiran Suba) ... 271
- 38. Symposium 37: Peace and conflicts
 - - Milla & Faturochman)275

	d. e. f.	The meaning of land from Amungme people perspective in Indonesia modern life (Yulius Yusak Ranimpi)
39.	Syn	nposium 38: Psychological aspects of religion and cultural practices
	a.	The relationship between preaching (Dakwah) approach and religious orientation (Ferlis Bahari)
	b.	The relationship between practical bond in religious beliefs and
		occurrence of crime (Malek Mohammad Ghadimi Moghaddam & Foozieh Hosseini Tabatabaee)
	с.	The correlation between social identity, religious orientation and
		quantity of social contact with quality of social contact: A research
	d.	conducted in Mataram city (Gazi Saloom)
	a.	Viktoria & Christiany Suwartono)
	e.	Grief intensity after the death of a family member (Lifina Dewi
		Pohan)
	f.	Duelling perceptions of the sacred and spiritual dimensions of
		nature (Bas Verschuuren)
40.	Syr	nposium 39: Culture-specific thinking toward realities
	a.	"Kota Tua Riwayatmu Kini" (The old Batavia, today): A qualitative
		research on social perception toward indigenous architecture
	b.	(Juneman & Koentjoro)
	υ.	Toba people (Riris Simangunsong & Julia S. Chandra)
	c.	Judgments of attractiveness based on foot size among the Karo
		Batak (Geoff Kushnick)
	d.	Research on images of self as determinant factor of the mentally
		healthy behavior of five ethnic groups in western part of Indonesia (Elmira N. Sumintardia, Piaminati F. Kasama, Tuttu I.
		Indonesia (Elmira N. Sumintardja, Rismiyati E. Koesma, Tutty I. Sodjakusumah, Marisa F. Moeliono & Efi Fitriana)
	e.	Agimat: Integration of power and spirituality (Teodulo Gonzales)

f.	Application of indigenous and cultural knowledge for effectiveness
	local and societal development; the case of indigenous people in
	Riau Province, Indonesia (Elviriadi)
C	

- 41. Symposium 40: Indigenous psychological analysis of subjective wellbeing
 - a. What is happiness? An exploratory study (Nida Ul Hasanat)

- e. An integrative model of happiness: Indonesia and indigenous psychology perspectives (Moordiningsih & Uichol Kim) 301
- 42. Symposium 41: Relationship and emotion among students

Effect of relaxation on Treatment of premenstrual syndrome in a. students of Mazandaran Medicine University 2009 (Mandana b. Anger and adolescence from Indigenous Psychology perspective c. Who contribute to the adolescents happiness: Indigenous psychology approach (Annisa S. Hamka, Moordiningsih, Kwartarini W. Y. & d. What makes adolescents happy? An exploration study approach to indigenous psychology (Ardi Primasari, Kwartarini W.Y., The dynamics of trust to close friend during adolescence: An e. indigenous study of trust in friendship (Sutarimah Ampuni, Sri The impact of personality traits on academic dishonesty among f.

- 43. Symposium 42: Understanding students' achievement & social life in the cultural contexts
- 44. Invited Symposium 43: Where cultural concepts emanate from: their roots and necessity
 - a. Where cultural concepts emanate from: Their roots and necessity (Samir Parikh, Lovepreen Kaur, Isha Singh, Kamna Chhibber)

- c. Cultural aspects of therapy: An Indian perspective (Kamna Chhibber, Isha Singh, Samir Parikh & Lovepreen Kaur) 316

45. Poster Presentation

- a. The meanings and influencing factors of honesty among education students (Anna Armeini Rangkuti & Herdiyan Maulana) 360

с.	Construction and psychometric properties evaluation of instrument
	to measure well being based on indigenous psychology approach:
	A multitrait multimethod study (Wahyu Jati Anggoro & Wahyu
	Widhiarso)
d.	The Javanese self-concept about neighbors, how interact in daily
	life: Indigenous psychological analysis (Angelina Nityasa) 364
e.	Marital relationship and spousal conflict among married women in
	Korea (Gwi-Ok An & Young-Shin Park)
f.	Stage-based expert systems to guide a population of university
	students to manage stress (Shigeko Tsuda)
g.	Exploring trust to stranger with similar and difference religion
	among adult in Yogyakarta: Indigenous psychological analysis
	(Irrestry Naritasari)
h.	Relation between admit in Neonatal Intensive Care Unit (NICU)
	and post-partum blues (Azar Aghamohammady)
i.	Pregnant women belief's in pregnancy myths: A case study in
	Tumpangrejo village - Indonesia (Diantini Ida Vitriatie & Syarifatul
	Alawiyah)
j.	Does mother's educational background influence their children's
	future aspiration? (Niken Rarasati, Banyu Wicaksono, Indra A.S.
	Djanegara, Ardian Praptomojati, Sri Kurnianingsih & Uichol
	Kim)
k.	Assertiveness of passive smoker in "ewuh pekewuh" culture (David
	Hizkia Tobing & Kwartarini W. Y)
1.	"Ngudi kasampurnan" the Javanese man's ways to erach self
	existence (an exploratif phenomenologic study to "Perguruan
	Sangkan Paraning Dumadi") (Yusuf Ratu Agung & A. Khudori
	Soleh)
m.	Javanese value in the "Paguyuban Ngesti Tunggal (Pangestu)"
	teaching which can help individu to reach self-existence (Yohanes
	Kartika Herdiyanto)
n.	Trust of public institution in Indonesia: Indigenous psychological
	analysis (Aina Handayani)
0.	Analyzing Javanese society's trust in politician: Indigenous
	psychological analysis (Medianta Tarigan)
р.	Factors influencing achievement of Indonesian adolescents (Niken
	Hartati, Achmad M. Masykur, Luthfi Fathan Dahrianto, Sri
	Kurnianingsih & Faturochman)

q.	Relational influence on Indonesian adolescents' achievement, failure, and future aspiration (Muhamad Taqiyudin, Mohamad Iksan, Muh. Untung Manara, Sri Kurnianingsih & Faturochman)
r.	
s.	Expectancy-value beliefs as sources of achievement motivation on Faculty of Psychology 'X' University's students (Fifie Nurofia)
t.	
u.	Conception of filial piety of elementary school students towards their parents: indigenous psychological analysis (Young-Yee Shin, Young-Shin Park & Uichol Kim)
v.	How middle school students express their filial piety towards their parents: Indigenous psychological analysis (Yim Soon Lee, Young-
w.	Shin Park & Uichol Kim)
x.	Perception of filial piety among parents of university students: Indigenous psychological analysis (Ja-Young Ahn, Young-Shin Park & Uichol Kim)
у.	Conception of sacrifice among parents of kindergarten and elementary school students: indigenous psychological analysis (Tai-ou Kim, Young-Shin Park & Uichol Kim)
z.	Indigenous psychological analysis of happiness and unhappiness among Korean students and parents (Sun Young Baak, Young-Shin Park and Uichol Kim)
aa.	
bb.	"I'm still a little baby!": How mothers acts toward adolescents
	and adult in Indonesia (Sulasmi Sudirman, Moh. Abdul Hakim,
	Kwartarini Wahyu Yuniarti)

xxiii

cc.	Mother as a source of children's morality: Indigenous psychological
	study in Indonesia (Hanum Swandarini, Moh. Abdul Hakim,
	Kwartarini W. Yuniarti)
dd.	"Asih" values: Childrens' dominant perception to their mother in
	Indonesia (Ghozali Rusyid Affandi, Moh. Abdul Hakim, Kwartarini
	W. Yuniarti)

Dilemma of Working Women Experienced with Long Distance Marriage

Artiawati Mawardi

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Women, who choose to participate in public sector, are often confronted with problems relating to the functions in performing that role. Patriarchal culture, patterned in the minds of Indonesian society is often being an obstacle for working mother. Negative labels always seemed to accompany, especially for women who must experienced with long distance marriage. Problems encountered are more complex. This study is aimed at exploring reasons behind the decision to live with long distance marriage and strategies in dealing with problems as a result to chose working separately from family. More specifically, the phenomenon of work-family conflict is further explored. Participants of this study are four women who work and live apart from their husbands. The four informants have different work backgrounds. Two people are managers. The other participants are the finance staff and the entrepreneur. This study uses a qualitative approach with a critical feminism paradigm. The process of data collection was done by interviews and observation. Results from this study indicate that beside to meet the needs of families, the decision to choose working separately from their husbands influenced by parenting systems adopted by the working mother, which is demanding independence. Values internalized by participants are to meet parent's expectation to succeed in work as their parents have spent effort to support them to have high level education. Parents also serve as a model of

hard worker. However, the problem often occurred is a time-based conflict. Time owned only be used to conduct activities in a particular role can not fulfill duties in other roles. Social support, particularly support from husband play vital role in the process of dealing with the problems that arise in the life of participants. In addition, the presence of a child is also an important factor to survive. Another interesting finding is that the bargaining power held by women depending on their position on the job. The higher level of job, the stronger power gained by women. They are better able to manage their life because they are used to manage subordinates, set the time and firm in making a decision related to their job. This is certainly influential in the daily life in the family, how they manage time for my husband and children. Participant with the lowest level of job has the lowest bargaining power. She tends to avoid confrontation with husband when having problems. Letting go and accepting all decisions made by her husband. Finally, well-being of working mother experienced with long distance marriage depends on how she values her life as independent women. They enjoy their roles, which can actualize their potentials and freely enjoying their time without obligation to care husband