



## **LETTER OF ACCEPTANCE**

### **SURAT PENERIMAAN**

No. 1595/05.02.2024/FOCUS/VII/2024

Dear Author,  
*Kepada Penulis,*

On the behalf of FOCUS Journal, we are pleased to inform that your paper, entitled:  
*Atas nama Jurnal FOCUS, kami menginformasikan bahwa artikel Anda, dengan judul:*

### ***ADAPTATION MECHANISMS FOR VICTIMS OF LAYOUTS DUE TO COVID-19***

*Mekanisme Adaptasi Korban PHK Akibat COVID-19*

Written by  
*Ditulis oleh*

**Tannia Christina Rumagit**

Has been **ACCEPTED** and will be proceed to be published in  
*Telah dinyatakan **DITERIMA** dan akan diproses untuk diterbitkan pada*

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We congratulate for your achievement. Thank you very much for submitting in our journal.  
*Kami mengucapkan selamat atas pencapaian Anda. Terima kasih banyak telah mengirimkan naskah  
Anda pada jurnal kami.*

Jakarta, 12 Juli 2024  
Kindest Regards,  
*Salam Hormat,*

  
  
**Rendika Vhalery, S.Pd., M.Pd.E.**  
*Editor in Chief*



FOCUS is a Journal of Social Studies which is publish twice a year on February and August. FOCUS is a scientific publication media in the form of conceptual paper and field research related to social studies. It is hoped that FOCUS can become a media for academics and researchers to publish their scientific work and become a reference source for the development of science and knowledge

## **ABSTRAK**

Wabah virus Corona atau Covid-19 mempengaruhi perekonomian global. Dampak dari Covid-19 ini mengganggu perekonomian di Indonesia tentunya, salah satu implikasinya pertumbuhan perekonomian di Indonesia menurun 4% (empat persen) bahkan lebih rendah, tergantung dari seberapa lama atau seberapa parah Covid-19 ini berlangsung sehingga melumpuhkan aktivitas dalam Masyarakat. Hal ini membuat banyak Perusahaan harus memberikan PHK kepada para karyawan yang membuat para korban PHK ini harus bisa beradaptasi dan mencari cara untuk bertahan hidup dimasa pandemi. Penelitian ini memakai teori resilience dengan menggunakan metode obervasi dan interview. Dalam observasi ini menggunakan teknik naratif dimana pengamat mengamati setiap perilaku subjek lalu mencatatnya, peneliti menggunakan metode *Moderately Scheduled Interview* dan menggunakan Teknik *Topical sequence*. Berdasarkan hasil observasi yang dilakukan, kedua subjek belum menunjukkan terjadinya resiliensi. Namun dalam interview bisa dilihat dari pernyataan subjek bahwa selama masa pandemi banyak melakukan hal baru yang bisa meningkatkan resiliensi dalam diri.

Kata Kunci : Resilience, Korban PHK, Covid 19.

## ABSTRACT

The outbreak of the Corona virus or Covid-19 affects the global economy. The impact of Covid-19 disrupts the economy in Indonesia, of course, one of the implications is that economic growth in Indonesia decreased by 4% (four percent) or even lower, depending on how long or severe Covid-19 lasts so that it paralyzes activities in the community. This makes many companies have to provide layoffs to employees who make the victims of these layoffs have to be able to adapt and find ways to survive during the pandemic. This research uses the theory of resilience using the observation and interview methods. In this observation using a narrative technique where the observer observes each behavior of the subject and then records it, the researcher uses the Moderately Scheduled Interview method and uses the Topical sequence technique. Based on the results of the observations made, the two subjects have not shown resilience. However, in the interview, it can be seen from the subject's statement that during the pandemic he did a lot of new things that could increase resilience in himself.

Keywords: Resilience, Victims of Layoffs, Covid 19