

## ABSTRAK

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Mahasiswa yang menjalani peran ganda sebagai pekerja paruh waktu seringkali menghadapi tantangan dalam menyelaraskan tuntutan pekerjaan dan akademik, yang berpotensi memicu konflik peran serta tekanan psikologis. Penelitian ini bertujuan untuk mengetahui hubungan antara *work-school conflict* dengan stres akademik pada mahasiswa pekerja paruh waktu. Subjek dalam penelitian ini berjumlah 102 mahasiswa di Universitas Surabaya yang bekerja paruh waktu di berbagai sektor. Pengumpulan data menggunakan dua instrumen, yaitu *Work-School Conflict (WSC) Scale* dan *Perceived Academic Stress (PAS) Scale* versi Indonesia. Analisis data dilakukan dengan menggunakan teknik korelasi *Pearson*. Hasil penelitian menunjukkan adanya hubungan positif yang signifikan antara *work-school conflict* terhadap stres akademik ( $r = 0,719$ ;  $p = 0,000$ ). Hal ini bermakna bahwa semakin tinggi konflik yang dialami mahasiswa antara peran pekerjaan dan sekolah, maka akan semakin tinggi pula tingkat stres akademik yang dirasakan. Hasil kategorisasi menunjukkan mayoritas responden berada pada tingkat stres akademik kategori cukup (38,2%).

Kata Kunci: *Work-School Conflict*, Stres Akademik, Mahasiswa Pekerja Paruh Waktu.

## ABSTRACT

Students who juggle dual roles as part-time workers often face challenges in balancing the demands of work and academics, which can potentially lead to role conflict and psychological stress. This study aims to determine the relationship between work-school conflict and academic stress among part-time working students. The subjects in this study were 102 students at the University of Surabaya who worked part-time in various sectors. Data collection used two instruments, namely the *Work-School Conflict (WSC) Scale* and the *Perceived Academic Stress (PAS) Scale* Indonesian version. Data analysis was performed using *Pearson's* correlation technique. The results of the study showed a significant positive relationship between work-school conflict and academic stress ( $r = 0.719$ ;  $p = 0.000$ ). This means that the higher the conflict experienced by students between their work and school roles, the higher their level of stress will be. The categorization results show that the majority of respondents are at a moderate level of academic stress (38,2%).

Keywords: *Work-School Conflict*, Academic Stress, Part-Time Student Workers.